

Stay

拍数: 40 墙数: 2 级数: Intermediate/Advanced
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音乐: Stay - Steven Gately



- 1-2 Walk forward left & right
3&4 Shuffle forward left
5-6 Walk forward right & left
7&8 Shuffle forward right
- 9 Rock forward left
10 Rock back right
11&12 Shuffle back left
13-16 Rock back on to the right, forward onto the left, back onto the right forward onto the left
- 17 Cross right in front of left
18 Step back on the left
19& Step right to left cross left over right
20-22 Repeat steps 17 - 19
23 Point right foot to right side
24 Switch feet right foot centered left pointing to left side
- &25 Bring left to right
26-28 Bump hips down right, up left, down right
29 Touch right toe forward
30 Left toes forward
31 Right toes forward
32 Turn $\frac{1}{4}$ turn over the left shoulder
- 33 Cross right over left
34 Step left to left side
35 Step right behind left
36 Turn a $\frac{1}{4}$ turn to the left
37 Step forward right
38 Pivot turn $\frac{1}{2}$ over the right shoulder
39 Step forward right
40 Pivot turn over the right shoulder (make sure weight is on the right foot)
- 41-44 Click and bump hips

REPEAT

TAG

The tag comes after the 36th count of the 2nd wall. Do count 36 with right crossed behind left

- 1 Unwind $\frac{1}{2}$ a turn over the right shoulder
2 Knees bent right arm straight down and left bent up so left hand is parallel with left shoulder
3 Straiten legs and switch arms (left arm straight down right arm bent hand parallel with corresponding shoulder)
4 Step left out to left side head down arms crossed straight down right over left
5 Bring head up
6-8 Switch weight from legs (from left to right to left)

- 9 Bring left arm straight out to left side
 - 10 Do the same with the right
 - 11 Bring arms in front of face (as a boxer would to defend himself)
 - & Bring arms straight out
 - 12 Same as count 4 but don't step out
 - 13 Bring head up
 - 14 Lean out to left
 - 15 Turn $\frac{1}{4}$ turn leaning forward weight on right foot
 - 16 Turn $\frac{1}{2}$ a turn over the left shoulder on the ball of right foot weight on the right foot
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