

Station One

拍数: 24 墙数: 2 级数: Beginner
编舞者: Shirley A. Lockley
音乐: Northern Lights - Situation Vacant



This step sheet makes no sense at all. Does anyone have a better explanation of this dance?

- 1-4 Vine to the right, stepping down on left foot
5 Hook right foot in front of left knee and $\frac{1}{4}$ turn left
- 6-9 Vine to the right, stepping down on left foot
10 Touch right toe out to right side
- 11-12 Step right foot next to left, touch left toe out to left side
13 $\frac{1}{4}$ turn to the left
- 14-16 Touch right heel out in front, bring right heel to left knee, step forward right
- 17-19 Step back right, toe to the side and back
- 20-22 Left heel out in front and back up to the knee, step forward left
23-24 Touch left toe to left side, touch left toe back

REPEAT
