Static Shock



编舞者: Adrian Churm (UK)

音乐: Knock On Wood - Rachel Stevens



WALK, KICKBALL CROSS, ROCK TURN, ½ TURN TRIPLE

1-2	Walk forward right then	left

3&4 Kick right foot forward, step ball of right in place, ¼ turn left as left foot crosses in front of right

Fock right foot to the right side, recover onto left making a ¼ turn to left Make a ½ turn left stepping right, left closes to right, right foot back

STEP, CLOSE, LOCK FORWARD, TURNING VINE

1-2 Left foot steps back, close right next to left

3&4 Lock step forward left, right, left

5-6 Make almost a ¼ turn left and step right foot to the side, left foot steps behind right
7-8 Make ¼ turn right and step right foot forward, ¼ turn right closing left next to right (3:00)

TWIST WITH 1/4 TURN, TURNING VINE

1-2	Twist both heels left, make a ¼ turn left as you swing toes left
3-4	Right foot steps forward, pivot a ½ turn to left (weight ends on left)
5-6	Make almost a ¼ turn left and step right foot to the side, left foot steps behind right

7-8 Make ¼ turn right and step right foot forward, ¼ turn right closing left next to right (9:00)

TWIST WITH 1/4 TURN, PIVOT TURN, WALK, KICKBALL CROSS

1-2	Twist both heels left, make a ¼ turn left as you swing toes left
3-4	Right foot steps forward, pivot a ½ turn to left (weight ends on left)

5-6 Walk forward right then left

7&8 Kick right foot forward, step ball of right in place, step left across in front of right (12:00)

HIP SWINGS AND CHASSE, CROSS ROCK, CHASSE TURN

1-2	Swing hips to the right as right foot steps to the right side, swing hips to left side
3&4	Swing hips back to center as you chasse to the right side (right, left, right)
5-6	Rock left foot over in front of right, recover weight onto right
7&8	Chasse left, making a ¼ turn left (left, right, left) (9:00)

1/4 TURN INTO HIP SWINGS AND CHASSE, CROSS ROCK, CHASSE TURN

1-2	1/4 turn left swinging hips to the right as right foot steps to the right side, swing hips to left side
3&4	Swing hips back to center as you chasse to the right side (right left right)

5-6 Rock left foot over in front of right, recover weight onto right 7&8 Chasse left, making a ¼ turn left (left, right, left) (3:00)

TURNING TOE STRUTS, ROCK, 1/2 TURN TRIPLE STEP

1-2	Step forward onto toes of right foot, snap right heel down
3-4	Make a ¼ turn left as you step forward onto toes of left foot, snap heel down
5-6	Rock forward onto right foot, recover onto left
7&8	Make a ½ turn right stepping right, left, right (6:00)

PIVOT TURN, LOCK STEP, SYNCOPATED ROCK STEPS

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• -	Left foot steps for		,		

3&4 Lock step forward left, right, left

5-6 Rock forward onto right foot, recover onto left

1/4 TURN, SIDE HOLD CLAP & SIDE HOLD CLAP, SAILOR STEP, COASTER STEP

1-2	Make a ¼ turn left and step left foot to left side hold and clap hands
&3-4	Close right to left, left foot steps to the left side hold and clap hands

5&6 Right foot steps back and behind left, left foot to left side, step right to right

7&8 Step left foot back, close right to left, step left foot forward (9:00)

REPEAT

RESTART

Restart on 2nd wall after section 5

TAG

On the 4th wall (3:00) do section 5 four times then restart the dance from section 7 toe struts

ENDING

If you want to you can end the dance by replacing the last two counts with a cross behind unwind half turn left to finish facing front