Start The Car



拍数: 32 墙数: 2 级数: Intermediate

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音乐: Start the Car - Travis Tritt



RIGHT AND LEFT QUARTER TURN WITH POINT, QUARTER TURN RIGHT X 4

1 Left foot turn ¼ right on right foot and	point left foot to left side (facing 3:00)
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Right foot push back with left toe in ¼ turn left on right foot
Left foot end the turn and take weight on left foot (facing 12:00)

Right foot turn ¼ left on left foot and point right foot to right side (facing 9:00)

Right foot turn ¼ licht on left foot and point right foot to right side (lacing 3.6 4 Left foot end the turn and take weight on right foot (facing 12:00)

Left foot turn ¼ right on right foot and step left foot to left (facing 3:00)

Right foot turn ¼ right on left foot and step right foot to right (facing 6:00)

Left foot turn ¼ right on right foot and step left foot to left (facing 09:00)

Right foot turn ¼ right on left foot and step right foot to right (facing 12:00)

Legs should be spread shoulder wide in all above positions

KICK WITH HAND CLAP, FULL TURN RIGHT, KICK AND SQUAT

9 Left foot kick across in front of right foot (1:30)

& Left foot take weight (still facing 12:00)

10 Right foot touch behind left foot and clap your hands in front with stretched arms

11 Start a full turn rotation to right

End the rotation taking weight on left foot Right foot kick slightly to right (1:30)

14-15 Squat down with knees and elbows to the sides

16 Stand up (facing 12:00)

FORWARD MASHED POTATOES, VAUDEVILLE AND TURNING QUARTER LEFT

&	Left foot lift slightly off floor, turning toes in, heels out
17	Left foot step forward, turning toes out, heels in
&	Right foot lift slightly off floor, turning toes in, heels out
18	Right foot step forward, turning toes out, heels in
&	Left foot lift slightly off floor, turning toes in, heels out
19	Left foot step forward, turning toes out, heels in
&	Right foot lift slightly off floor, turning toes in, heels out
20	Right foot bring heels together and take weight on left foot

Step &17-20 arms in hands up position with palms facing forward at shoulder height, left elbow always goes up and right elbow goes down when heels go out, palms facing forward all the time

21	Right foot step	across m front of lef	Ť

& Left foot step to side

22 Right foot touch heel diagonally to right (1:30)

& Right foot step back

23 Left foot step across in front of right

& Right foot step to right

24 Left foot touch heel to left (9, 00) making a quarter turn to left on right foot (facing 9:00)

LIMP WALK, KICK CROSS LEFT, JUMP APART, SWEEP TURN 3/4 RIGHT, JUMP TURN 1/4 RIGHT

- & Left foot step beside right foot
- 25 Right foot step forward
- & Right foot rise on right toe and swing left leg forward with a straight stiff leg

26	Left foot fall clown on left foot
27	Right foot step forward
&	Right foot rise on right toe and swing left leg forward with a straight stiff leg
28	Left foot fall down on left foot (still facing 9:00)
29	Right foot kick forward
&	Right foot step across in front of left
30	Right foot jump turn 1/4 left both feet shoulder wide apart (facing 7:30)
31	Left foot make a round kick into a right turn (facing 3:00)
&	Left foot drop down on left foot taking weight
32	Left foot jump turn 1/4 right to both feet shoulder wide apart (facing 6:00)

REPEAT