

Start A Love Train

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver east coast swing
编舞者: Max Perry (USA)
音乐: Love Train - Glenn Rogers



HEEL GRIND ROCK ¼ TURN, RIGHT COASTER STEP, LEFT HEEL BOUNCE, KICK

1-2 Grind right heel as you rock forward onto the heel & turn ¼ right, step left back (3:00)
3&4 Right coaster step - right back, step left next to right, step right forward
5 Place left foot forward (no weight)
6-7 Bounce left heel twice
8 Kick left forward

BACK ROCK, FORWARD ROCK, BACK ROCK, ¼ PIVOT TURN RIGHT

1-2 Rock left back, step right in place (recover)
3-4 Rock left forward, step right in place (recover)
5-6 Rock left back, step right in place (recover)
7-8 Step left forward & turn ¼ right, step right in place (6:00)

CROSS, SIDE, SAILOR SHUFFLE (JOSE' CUERVO), CROSS, SIDE, SAILOR SHUFFLE

1-2 Cross left over right, step right to right side
3&4 Cross left behind right, step right to right side, step left in place
5-6 Cross right over left, step left to left side
7&8 Cross right behind left, step left to left side, step right in place

CROSS, STEP BACK & TURN ½, SHUFFLE SIDE & TURN ¼, ½ PIVOT TURN SHUFFLE

1-2 Cross left over right, step right back turning ½ left (12:00)
3&4 Left shuffle to left side and turn ¼ left at the end of the shuffle (9:00)
5-6 Step right forward & turn ½ left, step left in place (3:00)
7&8 Right shuffle forward

TOUCH TURN, TOUCH TURN, PIVOT TURN, SHUFFLE STEP

1-2 Turn ¼ right and touch left toe to left side, step onto left foot (6:00)
3-4 Turn ½ right and touch right toe to right side, step onto right foot & turn ¼ right (3:00)
5-6 Step left forward & turn ½ right, step right in place (regular pivot turn) (9:00)
7&8 Left shuffle forward

TOUCH TURN, TOUCH TURN, PIVOT TURN, SHUFFLE STEP

1-2 Turn ¼ left and touch right toe to right side, step onto right foot (6:00)
3-4 Turn ½ left and touch left toe to left side, step onto left foot & turn ¼ left (9:00)
5-6 Step right forward & turn ½ left, step left in place (regular pivot turn) (3:00)
7&8 Right shuffle forward

SIDE ROCK, SYNCOPATED WEAVE RIGHT

1-2 Rock left to left side, step right in place (recover)
3&4 Cross left behind right, step right to right side, cross left over right
5 Step right to right side
6&7-8 Cross left behind right, step right to right side, cross left over right, step right to right side

SAILOR SHUFFLE, SAILOR SHUFFLE TURNING ½ RIGHT, ½ PIVOT TURN, SHUFFLE FORWARD

1&2 Cross left behind right, step right to right side, step left in place
3&4 Cross right behind left, turn ½ right, step left in place, step right in place (9:00)

5-6 Step left forward & turn $\frac{1}{2}$ right, step right in place (3:00)
7&8 Left shuffle forward

REPEAT
