

Starship's Hips

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Alex Spencer (UK) & Donna-Marie Yates (UK)
音乐: Nothing's Gonna Stop Us Now - Starship



GRAPEVINE TO THE RIGHT, ½ TURN, KICK BALL CHANGE

1-2-3-4 Grapevine to the right with a scuff
5-6 Step left foot forward turn ½ to right
7&8 Left kick ball change

WALKS FORWARD, MONTEREY TURN & STEP, SIDE SHUFFLE, ROCK BACK

1-2 Walk forward on left, right
3&4 Point left foot to left side, unwind ½ turn, step right foot forward
5&6 Side shuffle to the right
7-8 Rock back on left, forward onto right foot

SHUFFLE FORWARD, ¼ TURN, CROSS SHUFFLE, ¼ TURN & ½ TURN

1&2 Left shuffle forward
3-4 Step right foot forward, pivot ¼ to the left
5&6 Cross right over left, step left to left side, cross right over left
7-8 Step left foot into ¼ turn right, step right foot into half turn (making a ¾ turn)

CROSS SHUFFLE, JUMPS IN & OUT & FORWARD & BACK, HIP BUMPS

1&2 Cross left over right, step right to right side, cross left over right
&3 Step right to right side, step left to left side (and out)
&4 Step right in place, step left in place (and in)
&5 Step right foot forward, step left foot forward (and front)
&6 Step right foot back, step left foot back (and back)
&7 Hip bumps left, right
&8 Hip bumps left, right

REPEAT

TAG

End of 2nd wall add an extra 4 counts of hip bumps
End of 3rd wall add an extra 8 counts of hip bumps
End of 5th wall add an extra 4 counts of hip bumps
End of 7th wall add an extra 8 counts of hip bumps