

Stars & Stripes

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Amanda Harvey-Tench (UK)
音乐: Lost In the Shuffle - Michael Peterson



CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE WITH ½ TURN LEFT

1-2 Cross rock right foot over left, rock weight back on left
3&4 Side shuffle to the right (right-left-right)
5-6 Cross rock left foot over right, rock weight back on right
7&8 Step left foot to left side, close right beside left, step left foot to left side making ½ turn left

SIDE SHUFFLE RIGHT, ROCK STEP, TURNING SHUFFLE, ROCK STEP

9&10 Side shuffle to the right (right-left-right)
11-12 Rock back on left foot, rock weight forward on to right
13&14 Triple step left-right-left making ½ turn right
15-16 Rock back on right foot, rock weight forward on to left

RIGHT SHUFFLE FORWARD, STEP, PIVOT ½ TURN, LEFT SHUFFLE FORWARD, STEP, ¼ TURN LEFT

17&18 Right shuffle forward (right-left-right)
19-20 Step forward on left foot, pivot ½ turn right
21&22 Left shuffle forward (left-right-left)
23-24 Step forward on right foot, ¼ turn left

STEP, BRUSH, BRUSH, TAP (TWICE)

25-26 Step forward on right foot, brush left foot forward
27-28 Brush left foot back across the right, tap left toe across right foot
29-30 Step forward on left foot, brush right foot forward
31-32 Brush right foot back across the left, tap right toe across left foot

SHUFFLE FORWARD, TURNING SHUFFLE, ROCK BACK, STEP FORWARD & BRUSH (TWICE)

33&34 Right shuffle forward (right-left-right)
35&36 Triple step left-right-left making ½ turn right
37-38 Rock back on right foot, rock weight forward on to left
39-40 Step forward on right foot, brush left forward

41&42 Left shuffle forward (left-right-left)
43&44 Triple step right-left-right making ½ turn left
45-46 Rock back on left foot, rock weight forward on to right
47-48 Step forward on left foot, brush right forward

2 SHUFFLES FORWARD, ROCK STEP, TRIPLE STEP WITH ¾ TURN

49&50 Right shuffle forward (right-left-right)
51&52 Left shuffle forward (left-right-left)
53-54 Rock forward on right foot, rock back on left
55&56 Triple step right-left-right making ¾ turn right

2 SHUFFLES FORWARD, ROCK STEP, TRIPLE STEP WITH ½ TURN

57&58 Left shuffle forward (left-right-left)
59&60 Right shuffle forward (right-left-right)
61-62 Rock forward on left foot, rock back on right
63&64 Triple step left-right-left making ½ turn left

REPEAT
