

Stars & Stripes

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Mare Dodd (USA)
音乐: Where the Stars and Stripes and the Eagle Fly - Aaron Tippin



WALKS FORWARD RIGHT & LEFT; MAMBO RIGHT; ROCK-RECOVER WITH ½ TURN LEFT

1-4 Walk forward right, left, right, left

Optional - right hand over heart

5&6 Rock right to right side, recover on left, step right beside left

Optional - head look to right & back to center

7&8 Rock left to left side, recover on right, turn ½ left as you step on left

STEP-TOUCHES; RIGHT COASTER TURNING ¼ RIGHT; LEFT SHUFFLE FORWARD

1-2 Step on right; touch left heel forward

3-4 Step on left, touch right heel forward

5&6 Turn ¼ right as you coaster right: step right back, step left beside right, step right forward

7&8 Shuffle forward left-right-left

ROCK-RECOVER; TURNING SHUFFLE; SCUFF-HITCH-STEP; ROCK-RECOVER

1-2 Rock forward on right; recover back on left

3&4 Shuffle right-left-right as you turn ½ right

5&6 Scuff left forward; hitch left knee; step down on left

7-8 Rock forward on right; recover back on left

TOE BACK & ½ PIVOT; TOE BACK & ¼ PIVOT; RIGHT FORWARD SHUFFLE; STEP FORWARD LEFT; PIVOT ½ RIGHT

1-2 Touch right toe back; pivot ½ right keeping weight on left

3-4 Touch right toe back; pivot ¼ right keeping weight on left

5&6 Shuffle forward right-left-right

7-8 Step forward on left; pivot ½ right

When doing the 32 counts section, keep weight on left here & touch with right!

POINT-BALL-CHANGES; POINT-HITCH; CHASSE LEFT

1&2 Point left to left side; step on left; cross right over left

Weight on right

3&4 Point left to left side; step on left; cross right over left

5-6 Point left to left side; hitch left knee across body

7&8 Chasse left: step left to left side, step right beside left, step left to left side

SIDE; HOLD & CLAP; PIVOT ½ RIGHT; STEP & HOLD; PIVOT ½; STEP & HOLD; CHASSE LEFT

1-2 Step right to right side; hold & clap

&3-4 Pivoting ½ right on ball of right, step left to left side; hold & clap

&5-6 Pivoting ½ right on ball of left, step right to right side; hold & clap

7&8 Chasse left: step left to left side, step right beside left, step left to left side

REPEAT

RESTARTS

Dance only the first 32 counts on walls 3 and 6. Dance only the first 24 counts on wall 5.

On the two sections of 32 counts, just remember to keep your weight on the left foot after the ½ pivot right & touch with right (count 32) instead of taking weight on right.

