

# Standing

拍数: 44      墙数: 2      级数: Beginner  
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音乐: From Where I Stand - The Cheap Seats



## STEP BACK ¼ TURN, STEP BACK ½ TURN, BODY ROLL AND TOUCH

1-2            Step back on your right foot, do a ¼ turn to your right  
3-4            Step back on your left foot, do ½ a turn to your left  
5-7            Do a forward and upper body roll over three counts  
8              Touch your right toe beside your left foot

## CROSS OVER, HOLD, UNWIND, HOLD, BUMP HIPS RIGHT-LEFT-RIGHT-LEFT

9-10          Cross your right foot over your left, hold for one count  
11-12        Unwind ½ a turn to your left, hold for one count  
13-16        Bump your hips right-left-right-left

## CROSS OVER, HOLD, UNWIND, HOLD, BUMP HIPS RIGHT-LEFT-RIGHT-LEFT

17-18        Cross your right foot over your left, hold for one count  
19-20        Unwind ½ a turn to your left, hold for one count  
21-24        Bump your hips right-left-right-left

## RIGHT HEEL LEFT TOE, RIGHT VINE, TOUCH LEFT

25-26        Touch your right heel forward, step right foot beside left  
27-28        Touch your left toe back, step left foot beside right  
29-30        Side step right, step left foot behind right foot  
31-32        Side step right, touch your left toe behind your right foot

## LEFT VINE, TOUCH RIGHT, STEP FORWARD AND TOUCH, ¼ TURN AND STOMP

33-34        Side step left, step right foot behind left foot  
35-36        Side step left, touch your right toe behind your left foot  
37-38        Step forward on your right foot, touch your left toe beside right  
39            Do a ¼ turn to your left with your left foot  
40            Stomp your right foot beside left

## RIGHT FAN, RIGHT FAN

41-42        Swivel your right toe to the right, swivel your right toe back to center  
43-44        Swivel your right toe to the right, swivel your right toe back to center

## REPEAT

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