

Stand By Me Cha

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Masters In Line (UK)
音乐: Stand By Me - Lemon Ice

级数: Intermediate/Advanced



STEP BACK, BACK ROCK, CROSS SIDE BEHIND, STEP BACK, BACK LOCK, BACK LOCK

- 1-2-3 Step left back, rock right diagonally back, recover onto left
- 4&5 Cross right over left, step left to side, cross right behind left
- 6 Step left back
- 7&8& Step right diagonally back, lock left over right, step right diagonally back, lock left over right

STEP BACK DIAGONAL, CROSS BEHIND, SWEEP, SIDE ROCK ¼ TOGETHER, STEP, STEP LOCKS FORWARD

- 1-2-3 Step right diagonally back, cross left behind right, sweep right front to back and cross right behind left
- 4&5 Rock left to side, recover onto right, turn ¼ left and step left together
- 6 Step right forward
- 7&8& Step left forward, lock right behind left, step left forward, lock right behind left

STEP, ROCK RECOVER, STEP BACK TURN ½, ROCK RECOVER, STEP BACK TURN ½

- 1-2-3 Step left forward, rock right forward, recover onto left
- 4&5 Step right back, turn ½ left and step left forward, step right forward
- 6-7 Rock left forward, recover onto right
- 8&1 Step left back, turn ½ right and step right forward, step left forward

STEP PIVOT ½, RIGHT SHUFFLE, TURNING SYNCOPATED ROCKING CHAIR TURN ½

- 2-3 Step right forward, turn ½ left (weight to left)
- 4&5 Step right forward, step left together, step right forward
- 6& Cross/rock left over right, recover onto right
- 7& Turn ¼ right and rock left back, recover onto right
- 8& Cross/rock left over right, recover onto right

Turn ¼ right to start the dance again

The last rocking chair section is done making a gradual turn ½ to the right, rocking forward & back & forward &

REPEAT
