

Stand By Me

拍数: 48 墙数: 4 级数:
编舞者: Su Marshall (NZ)
音乐: Somebody Stand By Me - Faith Hill



STEP SIDE, HOLD, HOLD, CROSS, UNWIND, STEP SIDE

- 1 Step left to side
- 2-3 Hold for 2 counts
- 4 Place ball of right foot to cross behind left
- 5 Unwind 1 full turn to the right
- 6 Rock/step left to side

STEP SIDE, HOLD, HOLD, CROSS, UNWIND, STEP SIDE

- 1 Step right to side
- 2-3 Hold for 2 counts
- 4 Place ball of left foot to cross behind right
- 5 Unwind 1 full turn to the left
- 6 Rock/step right to side

STEP SIDE, CROSS, ¼ TURN & STEP

- 1 Step left to side
- 2 Step right foot across behind left
- 3 ¼ turn to the left & step forward on left

STEP, ½ TURN, ½ TURN, & STEP BACK

- 1 Step forward on right
- 2 ½ turn to the left on ball of left foot (transferring weight to left - "pivot" turn)
- 3 ½ turn to the left & step back on right

STEP BACK, SIDE, CENTER, STEP BACK, SIDE, CENTER

- 1 Step back on left
- 2 Step right to side on ball of foot
- 3 Replace left in same position (i.e. Center) (these last 2 counts form an "even-time ball-change")
- 4 Step back on right
- 5 Step left to side on ball of foot
- 6 Replace right in same position. (i.e. Center)

STEP 45 DEGREES, HOLD, HOLD, CROSS, SIDE, STEP 45 DEGREES

- 1 Step left to left 45 degrees (make it a big step)
- 2-3 Hold for 2 counts
- 4 Cross right foot behind left
- 5 Step left to side
- 6 Step right to right 45 degrees. (make this one a small step)

These last 6 counts should travel towards the left 45 degrees corner, while shoulders stay facing front

STEP 45 DEGREES, HOLD, HOLD, CROSS, SIDE, STEP 45 DEGREES

- 1-6 Repeat previous 6 counts

STEP, HOLD, HOLD, STEP BACK, BACK, BACK

- 1 Step forward on left (facing front)
- 2-3 Hold for 2 counts

4-5-6 Step back right, left, right

STEP BACK, HOLD, HOLD, STEP, STEP, STEP

1 Step back on left

2-3 Hold for 2 counts

4-5-6 Step forward right, left, right

REPEAT

TAG

At the start of the 9th wall (i.e. 3rd time to the original front wall) the music does a funny, fade-y-thing, so to get through it successfully dance the 1st 7 counts as usual then (when you have stepped to the right) put your right hand on the shoulder of the person to your right side & look at them (don't worry, they won't be looking at you. They're looking to the right as well!) This is when the music fades out completely for a few seconds.

When it comes back in, count 3 then:

1-3 Cross the ball of your left foot behind right, unwind 1 full turn to the left, rock/step right to side

Then go back to the very start of the dance (count #1) & continue all the way to the end
