

S-S-S

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Alison Crawford (UK) & Chris Hodgson (UK)
音乐: Saddle Up (Country Style) - David Christie



KICK-KICK / STEP AND TOUCH / CROSS UNWIND / SWIVELS

1-2 Kick right foot forward twice
&3 Step right foot in place, touch left toes out to left side
4 Cross left toes over right foot
5-6 Unwind ½ turn right (heels to left), swivel both heels to right
7&8 Swivel both heels left-right-center

KICK-KICK / STEP AND TOUCH / CROSS UNWIND / SWIVELS

1-2 Kick left foot forward twice
&3 Step left foot in place, touch right toes out to right side
4 Cross right toes over left foot
5-6 Unwind ½ turn left (heels to right), swivel both heels to left
7&8 Swivel both heels right-left-center

STOMP / LOCK / STOMPS

1-2 Stomp left foot slightly forward, stomp and lock right foot behind left foot
3&4 Stomp in locked position-left-right-left
5-6 Stomp right foot slightly forward, stomp and lock left foot behind right foot
7&8 Stomp in locked position-right-left-right

STOMP / KNEE POP / HEELS IN-OUT-CENTER / ½ TURN RIGHT WITH KNEE POPS / HOPS FORWARD

1&2 Stomp left foot forward, lift both heels up and down (knees bent)
3&4 Weight on toes swivel both heels in-out-center
&5 Lift both heels up and down making ¼ turn right (on balls of feet, knees bent)
&6 Lift both heels up and down making ¼ turn right (on balls of feet, knees bent)
7&8 Hop forward on right foot three times with left knee hitched up

STEP / ½ TURN / KICK-CROSS / SWIVELS WITH ¼ TURN RIGHT / SWIVELS

1-2 Step forward onto left foot, pivot ½ turn right
3-4 Kick left foot forward, cross left toes over right foot
5-6 Swivel both heels left as you make ¼ turn right, swivel both heels right
7&8 Swivel both heels left, swivel both heels right, swivel both heels to center

REPEAT
