Sshhh! (P)



编舞者: Diane Bullerwell (UK) & Anne Robinson (UK)

音乐: In Silence - The Ryes



Position: Standing Face to Face, arm crossing in front, right hands holding right and left holding left, right hands over left.

The choreographers are known collectively as Country Kickin'.

1-2	LADY: Step left to left side, step right beside left
	MAN: Step right to right side, step left beside right
3-4	LADY: Step left to left side, touch right beside left
	MAN: Step right to right side, touch left beside right
5-6	LADY: Step right to right side, step left beside right
	MAN: Step left to left side, step right beside left
7-8	LADY: Step right to right side, touch left beside right
	MAN: Step left on the spot, touch right on the spot

Right hands raise above head

11-12

9-10 **LADY:** Left foot step forward, touch right beside left (right hands lower)

MAN: Right foot step forward, touch left beside right **LADY:** Right foot step back, touch left beside right

MAN: Left foot step back, touch right beside left

Raise hands, ending with left crossed over right

13-16 **LADY:** Walk left, right, left, touch right, making ½ turn right

MAN: Walk right, left right, touch left, making ½ turn left

Right hands raise above head

17-18 LADY: Right foot step forward, touch left beside right (right hands lower)

MAN: Left foot step forward, touch right beside left

19-20 **LADY:** Left foot step back, touch right beside left

MAN: Right foot step back, touch left beside left

Raise hands ending with right hands crossed over left

21-24 LADY: Walk right, left, right, touch left making ½ turn left

MAN: Walk left, right, left touch right making ½ turn right

Keep hold of each others hands

25-26 LADY: Step ½ turn right with left, walk forward on right

MAN: Step 1/4 turn left with right, walk forward on left

27-28 LADY: Walk forward left, touch right beside left

MAN: Walk forward on right, step left on the spot

Arms raise above head still holding hands

29-30 LADY: Rock forward onto right, rock back onto left making ¼ turn right

MAN: Rock forward onto right, rock back onto left making 1/4 turn right

Arms lower ending crossed in front of body

31-32 LADY: Step forward on right making ¼ turn right, step forward on left

MAN: Step forward on right making 1/4 turn right, step forward on left

Arms raise above head still holding hands

33-34 LADY: Rock forward onto right, rock back on left making ¼ turn left

MAN: Rock forward onto right, rock back on left making 1/4 turn left

Arms raised while lady turns ending in starting position

35-36 LADY: Step right making ½ turn left, touch left beside right

MAN: Step right on spot, step left on spot

REPEAT

On the second and sixth time through there is a pause for one beat at the end of the dance before you start again.

During this dance you never let go of your partners hand!