

# Squeeze

拍数: 104      墙数: 4      级数: Intermediate/Advanced  
编舞者: The Kids  
音乐: Squeeze Me In - Garth Brooks & Trisha Yearwood



- 1&2      Shuffle forward stepping right, left, right (angling diagonally right)  
3-4      Step left to left side turning  $\frac{1}{4}$  turn right, turn  $\frac{1}{2}$  turn right & step right to right side  
5-6      Step left to left side, kick right to right side  
7&8      Step right behind left & step left to left side, step right across in front of left
- 1-2&3-4      Kick left to left side, step left behind right & step right to right side, step left across in front of right, kick right to right side  
5-6-7-8      Step back on right, kick left to left side, step back on left, kick right to right side
- 1-2-3-4      Step forward on right, with weight on balls of both feet twist  $\frac{1}{4}$  turn left, twist  $\frac{1}{4}$  turn right ending weight on left, step back on right  
5-6-7-8      Twist  $\frac{1}{4}$  turn right, twist  $\frac{1}{4}$  turn left weight on left, step forward on right, pivot turn  $\frac{1}{2}$  turn left, weight on left
- 1-2-3-4      Right toe heel strut forward, left toe heel strut forward  
5-6-7-8      Right toe heel strut forward (keeping weight. On left), two right heel bounces on the spot (with claps)
- 1-2-3-4      Stomp right beside left, kick right to right side, touch right toe over left, turn  $\frac{1}{2}$  turn left (weight. On left)  
5&6-7&8      Shuffle forward right, left, right turning  $\frac{1}{2}$  turn left, shuffle back left, right, left turning  $\frac{1}{2}$  turn left
- 1-2-3-4      Hitch right knee twisting both heels in, twist heels center stepping forward on right, hitch left knee twisting both heels in, twist heels center stepping forward on left  
5-6-7-8      Repeat above 4 counts, these hitch twists steps are done with a bounce feel
- 1-2-3-4      Touch right toe to right side, touch right toe beside left, kick right forward, hook right over left shin  
5-6-7-8      Rock forward on right, step back on left turning  $\frac{1}{4}$  turn right, turning  $\frac{1}{4}$  turn right step right to right side, step forward on left
- 1-2-3-4      Touch right toe to right side, touch right toe beside left, kick right forward, hook right over left shin  
5-6-7-8      Right rock forward, step back on left turning  $\frac{1}{4}$  turn right, step right forward, rock/step left to left side
- 1-2-3-4      Step right to right side, step left behind right, turn  $\frac{1}{4}$  turn right step forward on right, step forward on left  
5-6-7-8      Pivot turn  $\frac{1}{2}$  turn right weight on left, turn  $\frac{1}{4}$  turn right stepping left to left side, step right behind left, hold
- 1-2-3-4      Step left to left side, step right behind left, turn  $\frac{1}{4}$  turn left step forward on left, step forward on right  
5-6-7-8      Pivot turn  $\frac{1}{2}$  turn left weight on right, turn  $\frac{1}{4}$  turn left stepping right to right side, step left behind right, hold

- 1-2-3-4 Jump feet apart, jump feet together crossing right over left, jump feet apart, jump onto left foot turning  $\frac{1}{2}$  turn right & hooking right over left shin
- 5-6-7-8 Step forward on right, lock left behind right, step forward right, turn  $\frac{1}{2}$  turn right jump both feet apart
- 1-2-3-4 Bumps hips right twice, bumps hips left, bumps hips right
- 5-6-7-8 Bumps hips left twice, bumps hips right, bumps hips left
- 1-2-3-4 Step forward on right, pivot turn  $\frac{1}{4}$  turn left, step forward on right, pivot turn  $\frac{1}{2}$  turn left (weight forward on left)

## REPEAT

## TAG

**On wall 2, after 72 counts (right vine with turns, facing 3:00 wall)**

- 1-2-3-4-5-6 Step left turning  $\frac{1}{4}$  turn left, step forward on right, pivot turn  $\frac{1}{2}$  turn left (weight on left), turn  $\frac{1}{4}$  turn left stepping right to side, flick and stomp left to left side, hold (looking left)

**Restart dance from beginning: right shuffle forward (wall 3)**

## RESTART

**On wall 5, after 40 counts (turning shuffles, facing 6:00 wall), restart dance from beginning: right shuffle forward.**

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