

Square Hitch

拍数: 32 墙数: 4 级数: Beginner
编舞者: Vicki E. Rader (USA)
音乐: Bobbie Ann Mason - Rick Trevino



HEEL, CROSS-HITCH, HEEL, TOGETHER, HEEL, CROSS-HITCH, HEEL, TOE

1-2 Touch right heel forward; cross-hitch right foot over left leg
3-4 Touch right heel forward; step right foot in place
5-6 Touch left heel forward; cross-hitch left foot over right leg
7-8 Touch left heel forward; touch left toe back

SHUFFLE, STEP, PIVOT ½, SHUFFLE, STEP, STOMP

9&10 Shuffle forward (left-right-left)
11-12 Step forward on right foot; pivot ½ left
13&14 Shuffle forward (right-left-right)
15-16 Step forward on left foot; stomp right foot next to left (keep weight on left foot)

WALK BACKWARD, HITCH/TURN ¼, WALK FORWARD, HITCH/TURN ¼

17-18 Step back on right foot; step back on left foot
19-20 Step back on right foot; pivot ¼ left on right foot, hitching left knee
21-22 Step forward on left foot; step forward on right foot
23-24 Step forward on left foot; pivot ¼ left on left foot, hitching right knee

WALK BACKWARD, HITCH/TURN ¼, WALK FORWARD, STOMP

25-26 Step back on right foot; step back on left foot
27-28 Step back on right foot; pivot ¼ left on right foot, hitching left knee
29-30 Step forward on left foot; step forward on right foot
31-32 Step forward on left foot; stomp right foot next to left (keep weight on left foot)

REPEAT
