

Spread My Wings

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: John Ng (SG)
音乐: Breakaway - Kelly Clarkson



STEP FORWARD, DRAG, STEP FORWARD, DRAG

- 1-3 Step forward on right, drag left toe towards right foot for 2 counts
4-6 Step forward on left, drag right toe towards left foot for 2 counts

ROCK AND ½ TURN RIGHT, SWEEP ¼ TURN RIGHT

- 7-9 Rock forward on right, recover onto left, making ½ turn right step forward on right
10-12 Keeping weight on right sweep left around from back to front as you turn ¼ right

TWINKLE ½ TURN LEFT, POINT, HOLD

- 13-15 Cross left over right, make ¼ turn left stepping back on right, ¼ turn left stepping left to side
16-18 Point right to right, hold for 2 counts (styling: while pointing, angle body diagonally left.)

SWAY RIGHT, SWAY LEFT

- 19-21 Step right to right side as you sway to right over 3 counts
22-24 Replace weight onto left & sway to left over 3 counts

FULL TURN RIGHT, LEFT TWINKLE

- 25-27 Traveling right to right side make full turn right (option, if you don't want to turn do side behind side to right)
28-30 Cross left over right, rock right to right side, replace weight on left

STEP FORWARD, TOUCH, KICK, STEP BACK, DRAG

- 31-33 Step forward on right, touch left next to right, kick left forward
34-36 Step back on left, drag right towards left foot for 2 counts

FULL TURN RIGHT FORWARD, ROCK AND ¼ LEFT

- 37-39 Step right forward, step in place left-right turning a full turn right
40-42 Rock forward on left, recover onto right, making ¼ left step left to side

WEAVE, ¼ STEP, SWEEP ½

- 43-45 Step right behind left; step left to left side; step right across (in front of) left
46-48 Making ¼ turn left, step left forward; sweep right around to front making ½ turn left

REPEAT

RESTARTS

On 3rd & 8th wall, dance to count 18, then restart dance
On 6th wall, dance to count 24, then restart dance