

Splish Splash

拍数: 128 墙数: 1 级数: Intermediate
编舞者: Jo Thompson Szymanski (USA)
音乐: Splish Splash - Scooter Lee : (I Was Taking A Bath)



OUT, OUT, BALL, CROSS, HOLD

&&1 Step right foot out to right side, step left foot out to left side, step back with ball of right, step left foot across in front of right, bending knees slightly
2-8 Hold

Option: as you hold, you can do a very subtle pulse down on the beat by allowing the knees to bend slightly on the counts, straighten slightly on the "&" counts

POINT RIGHT, TOGETHER, POINT LEFT, TOGETHER, REPEAT

1-2 Point right foot to right side, step together with right foot
3-4 Point left foot to left side, step together with left foot
5-6 Point right foot to right side, step together with right foot
7-8 Point left foot to left side, step together with left foot

Option: during the above 8 counts you can do Monterey turns right

VINE RIGHT, STOMP, TWIST HEELS LEFT, RIGHT, LEFT, RIGHT

1-3 Step right foot to right side, step left foot crossed behind right, step right foot to right side
4 Stomp left foot beside right
5-8 Twisting on the balls of both feet, move both heels left, right, left, right

VINE LEFT, BRUSH, JAZZ BOX TURN ¼ RIGHT

1-3 Step left foot to left side, step right foot crossed behind left, step left foot to left side
4 Brush right foot forward across left
5-8 Step right foot across in front of left, step back with left foot, turn ¼ right and step right foot to right side, step left foot across in front of right

POINT, HOLD, CROSS, POINT, HOLD, CROSS, UNWIND ½ RIGHT, CROSS, POINT, HOLD, CROSS

1-3 Point right foot to right side, hold 2 counts
4-5 Step right foot across front of left, point left foot to left side
6-7 Hold 2 counts
8-1 Cross left foot tightly over front of right, unwind ½ turn right (end with feet apart and weight on left)
2-3 Hold 2 counts
4-5 Step right foot across front of left, point left foot to left side
6-7 Hold 2 counts
8 Step left foot across front of right

SIDE TRIPLE RIGHT, ROCK BACK, RECOVER, SYNCOPATED JUMPS LEFT

1&2 Step right foot to right side, step together with left, step right foot to right side
3-4 Rock back with left foot, recover weight forward to right foot
&5-6 Step left foot to left side, step together with right, clap
&7-8 Step left foot to left side, step together with right, clap

¼ TURN LEFT, TRIPLE FORWARD, STEP, ½ TURN, CROSS WALKS RIGHT, LEFT, RIGHT, LEFT

1&2 Turn ¼ left and step forward with left foot, step together with right, step forward with left foot
3-4 Step forward with right foot, turn ½ left and shift weight forward to left foot

5-8 With knees slightly bent (traveling forward) step right foot across front of left, step left foot across front of right, step right foot across front of left, step left foot across front of right

TOE STRUTS FORWARD RIGHT, LEFT, JAZZ BOX ¼ TURN RIGHT

1-2 Place right toe forward, drop right heel
3-4 Place left toe forward, drop left heel
5-8 Step right foot across front of left, step back with left foot, ¼ turn right and step right foot to right side, step left foot slightly forward
1-8 Repeat above 8 counts
1-8 Repeat above 8 counts
1-8 Repeat above 8 counts

SIDE TRIPLE RIGHT, ROCK BACK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK, RECOVER

1&2 Step right foot to right side, step together with left, step right foot to right side
3-4 Rock back with left foot, recover weight forward to right foot
5-6 Rock left foot to left side, recover weight to right foot in place
7-8 Rock back with left foot, recover weight forward to right foot

SIDE TRIPLE LEFT, ROCK BACK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK, RECOVER

1&2 Step left foot to left side, step together with right, step left foot to left side
3-4 Rock back with right foot, recover weight forward to left foot
5-6 Rock right foot to right side, recover weight to left foot in place
7-8 Rock back with right foot, recover weight forward to left foot

VINE RIGHT 4 COUNTS, RIGHT SCISSORS, HOLD, VINE LEFT 4 COUNTS, LEFT SCISSORS

1-4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, step left foot across front of right
5-8 Step right foot to right side, step together with left, step right foot across front of left, hold
1-4 Step left foot to left side, step right foot crossed behind left, step left foot to left side, step right foot across front of left
5-7 Step left foot to left side, step together with right, step left foot across front of right

At this point you will start again from the beginning of the dance with counts &8&1

REPEAT

ENDING

At the end of the song, you will have completed 3 repetitions of the dance. The very last count of the 3 rd repetition will be a hold on count 8, weight on left foot after the left scissiors. Then you add:

SIDE TRIPLE RIGHT, ROCK BACK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK, RECOVER

1&2 Step right foot to right side, step together with left, step right foot to right side
3-4 Rock back with left foot, recover weight forward to right foot
5-6 Rock left foot to left side, recover weight to right foot in place
7-8 Rock back with left foot, recover weight forward to right foot

SIDE TRIPLE LEFT, ROCK BACK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK, RECOVER

1&2 Step left foot to left side, step together with right, step left foot to left side
3-4 Rock back with right foot, recover weight forward to left foot
5-6 Rock right foot to right side, recover weight to left foot in place
7-8 Rock back with right foot, recover weight forward to left foot

VINE RIGHT 4 COUNTS, RIGHT SCISSORS, HOLD, STEP LEFT, HOLD, OUT, OUT, BALL CROSS

1-4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, step left foot across front of right
5-8 Step right foot to right side, step together with left, step right foot across front of left, hold

- 1 Step left foot to left side
 - 2-7 Hold
 - &8 Step right foot out to right side, step left foot out to left side
 - & Step back with ball of right
 - 1 Step left foot across in front of right, bending knees slightly for a final pose
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