

# Spirit Of The Dance

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Angie Sloane (UK)  
音乐: The Spirit of the Hawk - Rednex



## STOMP, STOMP, OUT, IN, OUT, IN

1-2              Stomp right foot forward, stomp left foot forward  
&3&4           Swivel heels out, in, out, in  
5-6              Stomp right foot forward, stomp left foot forward  
&7&8              Swivel heels out, in, out, in

## ROCK, COASTER STEP, ROCK, ½ TURN SHUFFLE

1-2              Rock right foot forward, rock back onto left foot  
3&4              Coaster step back on right foot  
5-6              Rock left foot forward, rock back onto right foot  
7&8              Shuffle ½ turn left stepping left, right, left

## CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

1-2              Cross right foot over left foot, step left foot to the left side  
3&4              Left sailor step  
5-6              Cross left foot over right foot, step right foot to the right side  
7&8              Right sailor step

## JAZZ BOX ¼ TURN LEFT

1-2              Cross right foot over left foot, step left foot back  
3-4              Pivot ¼ turn left stepping right foot back, step left foot forward

## KICK & POINT, KICK & POINT

1&              Kick right foot forward, step right foot beside left foot  
2                  Point left foot to the left side  
3&              Kick left foot forward, step left foot beside right foot  
4                  Point right foot to the right side

## ROCK, ½ TURN SHUFFLE, ROCK, COASTER STEP

1-2              Rock right foot forward, rock back onto left foot  
3&4              Shuffle ½ turn right stepping right, left, right  
5-6              Rock left foot forward, rock back onto right foot  
7&8              Coaster step back on left foot

## VAUDEVILLES

1-2              Step right foot to the right side, cross left foot behind right foot  
&3              Step right foot back, touch left heel forward  
&4              Step left foot beside right foot, cross right foot over left foot  
5-6              Step left foot to the left side, cross right foot behind left foot  
&7              Step left foot back, touch right heel forward  
&8              Step right foot beside left foot, cross left foot over right foot

## REPEAT

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