

Spirit Of Hope

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Marion Nicholson
音乐: That's What Makes You Strong - The Judds



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|-----|--|
| 1-4 | Step right forward hold shuffle forward left-right-left |
| 5-8 | Vine to right, (right to side, left behind right) ¼ turn right triple on spot (right-left-right) |
| | |
| 1-4 | Step left forward hold shuffle forward right-left-right |
| 5-8 | Vine to left, (left to side, right behind left) ¼ turn left triple on spot (left-right-left) |
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| 1-4 | Step right back 45 degrees, to right, touch left beside right shuffle to left side left-right-left |
| 5-8 | Cross right over left, turn ½ turn unwind coaster step left-right-left |
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| 1-4 | Rolling vine to right (full turn) right-left-right shuffle to side right-left-right |
| 5-8 | Step forward on left, pivot on right (½ turn) shuffle forward left-right-left |
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| 1-4 | Step right forward 45 degrees, angle hip roll (only slight) coaster (left-right-left) |
| 5-8 | Step left forward 45 degrees, angle hip roll (only slight) coaster (right-left-right) |
| | |
| 1-4 | Right forward quarter turn to left, right forward quarter turn to left (paddle steps) |
| 5-8 | Right sailor step, left sailor step |

REPEAT

TAG

At the end of the second sequence when facing the front add:

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| 1&2-3&4 | Right sailor step, left sailor step |
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