

Spirit Dancer

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mick Herbert (UK)
音乐: Spirit Dancer - BlackHawk



CROSS ½ TURN RIGHT, CROSS SHUFFLE, SIDE ROCKS, BEHIND, ¼ TURN LEFT, STEP FORWARD RIGHT

- 1& Cross right over left, step back left making ¼ turn right
2 Step right to right side making ¼ turn right
Steps 1 & 2 complete a ½ turn right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Rock right to right side, rock left to left side
7&8 Cross right behind left, step forward left making ¼ turn left, step forward right

ROCK STEP, TRIPLE ¾ TURN LEFT, UNWIND ¾ TURN LEFT, COASTER STEP

- 9-10 Rock forward left, rock back right
11&12 Triple step ¾ turn left - stepping left, right, left
13-14 Cross right over left, unwind ¾ turn left (weight ending on right)
15&16 Step back left, step right beside left, step forward left

ROCK & STEP, TOUCH BACK, PIVOT ½ TURN LEFT, KICK BALL CHANGE MAKING 1/8 TURN RIGHT TWICE

- 17&18 Rock forward right, rock back left, step right next to left
19-20 Touch left toe back, on ball of right pivot ½ turn left (weight ending on left)
21&22 Making 1/8 turn right kick right forward, step onto ball of right, step left in place
23&24 Repeat steps 21&22
Steps 21-24 complete a ¼ turn right

ROCK STEP, COASTER STEP, RONDE ¼ TURN LEFT, TOUCH, SAILOR STEP

- 25-26 Rock forward right, rock back left
27&28 Step back right, step left beside right, step forward right
29 Pivoting on right sweep left toes to left side making ¼ turn left
30 Touch left beside right
31&32 Cross left behind right, step right to right side, step left in place

REPEAT
