

Spin When You're Lonely

拍数: 32 墙数: 4 级数: Beginner
编舞者: Susanne Mose Nielsen (DK)
音乐: Think of Me (When You're Lonely) - The Mavericks



CROSS ROCK, ½ TURN RIGHT SHUFFLE- CROSS ROCK ½ TURN LEFT SHUFFLE

1-2 Cross right over left, rock back onto left
3&4 Shuffle ½ turn right stepping, right, left, right
5-6 Cross left over right, rock back onto right
7&8 Shuffle ½ turn left stepping left, right, left

TOE POINTS RIGHT & LEFT, VINE RIGHT

9-10 Right toe point right side, right step forward across left
Swing both arms to right and snap fingers at the same time as the toe point (9)
11-12 Left toe point left side, left step forward across right
Swing both arms to left and snap fingers (11)
13-14 Step right to right, step left behind right -
15-16 Step right to right, touch left next to right
Snap fingers in shoulder height (16)

THREE STEP TURN LEFT, ¼ TURN LEFT -SKATE LEFT-RIGHT-LEFT-RIGHT

17-18 Step left to left and pivot ½ turn left, step right to right and pivot ½ turn left
19-20 Step left to left, step right ¼ turn left
Bend arms in with elbow right in front (waist) left in the back (waist) when you spin. It makes you spin easier
21 Step forward left swiveling towards left diagonal on ball of feet
22 Step forward right swiveling towards right diagonal on balls of feet
23 Step forward left swiveling towards left diagonal on balls of feet
24 Step forward right diagonal

CROSS ROCK, TRIPLE STEP, WEAVE LEFT

25-26 Cross left over right, rock back onto right
27&28 Triple step, left, right -left
29-30 Cross right over left, step left to left side
30-32 Cross right behind left, step left to left side

REPEAT
