

# Spice Up Your Line

**COPPER** **KNOB**  
BY STEPHEN

拍数: 0                      墙数: 3                      级数: Advanced  
编舞者: Michael Bromley (UK)  
音乐: Spice Up Your Life - Spice Girls



Sequence: INTRO, ABBC ABB ABBB

The choreographer was age 10 when this dance was written

## INTRO

Right at the beginning you will hear an introduction

1-4                      Rock step, recover, triple in place  
5-32                     Repeat 1-4 seven more times

## PART A

### GRAPEVINE RIGHT KICK STEP TURN ½ LEFT KICK BALL CHANGE

1-2                      Step right to right side. Cross left behind right  
3-4                      Step right to right side. Touch left beside right  
5&6                     Kick left foot forward and step down making ½ turn over right shoulder  
7&8                     Kick left foot forward and step on it. Touch right beside left

### SIDE RIGHT LEFT, LEFT BEHIND TWICE VAUDAVILLE STEPS RIGHT STEP LEFT STOMP

9-10                    Step right to right side. Cross left behind right  
11&12                  Step right to right side. Cross left across right step back on right and present left heel  
13&14                  Cross right over left step back on right and present right heel  
15&16                  Step forward right stomp left and change weight  
17-32                  Repeat counts 1-16 except turn ¼ not ½ and scuff don't stomp

### TWICE CHARLSTON STEPS WITH CLAPS

33-34                  Step forward left, kick right foot forward  
35-36                  Step back right, touch left foot behind right  
37-40                  Repeat steps 33 to 36

### ROLLING VINE LEFT TOUCH, SIDE SLIDE RIGHT TOUCH

41-42                  Step to the left side on left foot as you make a ¼ turn left. As you put your right foot back make an ½ turn  
43-44                  Step left foot to left side making another ¼ turn which completes a full turn and touch right toes next to left toes  
45-48                  Step right to right side and slide your left up to your right over 3 counts

## PART B

### LEFT ROCK CHA-CHA-CHA, RIGHT ROCK CHA-CHA-CHA

49-50                  Rock weight onto left, then back onto right  
51&52                  Step left, right, left (cha, cha, cha.)  
53-54                  Rock weight onto right, then back onto left. Shimmie shoulders  
55&56                  Step right, left, right (cha, cha, cha.)

### LEFT HEEL GRIND WITH A COASTER STEP, SWEEP RIGHT MAKING A FULL TURN LEFT

57-58                  Rock forward on left heel, recover weight on right foot  
59&60                  Step back left, step right beside left, step left foot forward  
61-64                  Sweep right across left and make a full turn left over 4 counts  
65-90                  Repeat counts 49 to 50 again

**PART C**

**PADDLE ¼ X4**

91-92 Step right foot forward paddle ¼ left

93-98 Repeat counts 91 to 92 3 more times

**CROSS SIDE SAILOR, CROSS SIDE SAILOR**

99-100 Cross right over left, step left to left side

101&102 Step right behind left, step beside right, step forward on right

103-107 Repeat counts 99 to 102 again only on your left leg not your right

**POINT HITCHES WITH A MONTEREY**

108-109 Touch right toe to right side, hitch right knee

110-111 Touch right toe to right side, hitch right knee

112-113 Touch right toe to right side, on ball of left pivot half a turn right as you transfer your weight back onto your right

114-115 Touch left toe to left side, step left next to right

116-123 Repeat counts 108 to 115 again

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