

# Spellbound

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: William Sevone (UK)  
音乐: Help Me - The Spellbinders



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## 2X SLOW SAILOR STEP, STEP BEHIND, ¼ RIGHT STEP FORWARD, (3:00)

- 1-2      Cross step left foot behind right, step right foot next to left
- 3      Step left foot to left side
- 4-5      Cross step right foot behind left, step left foot next to right
- 6      Step right foot to right side
- 7-8      Cross step left foot behind right, turn ¼ right & step forward onto right foot

## FORWARD SHUFFLE, PUSH STEP, STEP, BACKWARD SHUFFLE, ¼ LEFT SIDE STEP, ¼ LEFT STEP FORWARD, (9:00)

- 9&10      Step forward onto left foot, close right foot next to left, step forward onto left foot
- 11-12      Push step forward onto right foot, step onto left foot
- 13&14      Step backward onto right foot, close right foot next to left, step backward onto right foot
- 15-16      Turn ¼ left & step left foot to left side, turn ¼ left & step forward onto right foot

## FORWARD SHUFFLE, PUSH STEP, STEP, BACKWARD SHUFFLE, ¼ LEFT SIDE STEP, ¼ LEFT STEP FORWARD, (12:00)

- 17&18      Step forward onto left foot, close right foot next to left, step forward onto left foot
- 19-20      Push step forward onto right foot, step onto left foot
- 21&22      Step backward onto right foot, close right foot next to left, step backward onto right foot
- 23-24      Step backward onto left foot, turn ¼ right & step right foot to right side

## 3X FORWARD DIAGONAL CROSS STEP-TOUCH (POINT), DIAGONAL CROSS STEP, UNWIND ½ LEFT (6:00)

- 25-26      (Diagonal right) cross step left foot over right, touch (or point) right toe to right side
- 27-28      (Diagonal left) cross step right foot over left, touch (or point) left toe to left side
- 29-30      (Diagonal right) cross step left foot over right, touch (or point) right toe to right side
- 31-32      (Diagonal left) cross step right foot over left, unwind ½ left (weight on right foot)

**REPEAT**

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