Speechless



拍数: 32 编数: Advanced nightclub

编舞者: Tom Mickers (NL)

音乐: Speechless - Michael Jackson



(SQQ) Step right to right side, rock left behind right (3rd or 5th position), recover weight to right
(SQQ) Step left to left side, turn ½ turn right and step right forward, continue turning ½ turn right and step left back
(SQQ) Continue turning ½ turn right and step right, rock forward on left, recover to right
(SQQ) Turn ½ turn left and step forward on left, step right foot forward, step left foot forward
(SS) Step on ball of right foot with a straight leg, turn 1 1/4 turn right
(SQQ) Cross left over right, turn $\frac{1}{4}$ turn left stepping back on right foot, turn $\frac{1}{2}$ turn left step forward on left foot
(SS) Step forward right foot and (keeping feet position - weight on both feet) twist your body ½ turn to left, hold
(QQQS) Hold, double pirouette on left leg rotating right, fuete full turn and sweep right leg front to back
ion
(QQQS) Hold, single pirouette on left leg rotating right
(QQ) Right step behind left, ¼ turn left stepping forward on left
(SQQ) Step forward on right, rock forward on left, recover on right
(SQQ) Step back on left dragging right foot toward left, turn ½ turn right and step forward on right, step left foot forward
(QQQQ) Full spiral on left leg, right foot step forward, left step forward, full spiral on left leg
(SQQ) Rondé with right forward to back, step right foot back right, step left foot back
(SS) Cross right over left, unwind 1 ½ turn left with weight on right leg
(SQQ) Sweep left front to back, step left foot back, step right foot together
(SQQ) Step left foot forward starting a stationary pivot turn, turn $\frac{1}{2}$ right ending with weight on right foot and immediately push back onto left and turn $\frac{1}{4}$ right stepping on right

REPEAT