

Space Jam

拍数: 64 墙数: 2 级数:
编舞者: Lori Letts (USA) & Patti Willis (USA)
音乐: Space Jam - Quad City DJ's



HAT DANCE

- 1& Touch right heel forward, step back onto right foot.
- 2& Touch left heel forward, step back onto left foot.
- 3& Touch right heel forward, step back onto right foot.
- 4& Touch left heel forward, step back onto left foot

CROSS, HOLD, TOUCH, HOLD

- 5-6 Cross right foot over left and step, hold position.
- 7-8 Touch left toe out to left side, hold position.

SAILOR SHUFFLES

- 9&10 Step onto left foot crossing behind right, step onto sole of right foot to right side, step onto left foot slightly to the left or replace weight in position.
- 11&12 Step onto right foot crossing behind left, step onto sole of left foot to left side, step onto right foot slightly to right side or replace weight in position.

KICK-STEP-TOUCH, KICK-BALL-CHANGE

- 13&14 Kick left foot forward, step onto left foot next to right, touch right toe slightly back or to right side.
- 15&16 Kick right foot forward, step onto sole of right foot to or slightly back of home position, replace left foot in home position.

STEP, TURN, KICK-BALL-CHANGE

- 17-18 Step forward onto right foot, pivoting on the soles of both feet make a ½ turn to left and transfer weight to left foot.
- 19&20 Kick right foot forward, step onto sole of right foot to or slightly back of home position, replace left foot in home position.

STEP, TURN, STEP, TURN

- 21-22 Step forward onto right foot, pivoting on the soles of both feet make a ¼ turn to left and transfer weight to left foot.
- 23- 24 Step forward onto right foot, pivoting on the soles of both feet make a ¼ turn to left and transfer weight to left foot.

VAUDEVILLE STEPS (HEEL JACKS)

- &25 Step onto right foot to right side, touch left heel to left side at a slight diagonal forward.
- &26 Step onto left foot in home position, step onto right foot to left side crossing over left.
- &27 Step onto left foot to left side, touch right heel to right side at a slight diagonal forward
- &28 Step onto right foot in home position, step onto left foot to right side crossing over right

GRAPEVINE RIGHT

- 29-30 Step onto right foot to right side, step onto left foot to right side crossing behind right.
- 31-32 Step onto right foot to right side, touch left toe next to right.

CHASSE STEPS LEFT

- 33& Step onto left foot to left side, slide right next to left and take weight.
- 34& Step onto left foot to left side, slide right next to left and take weight.

35-36 Step onto left foot to left side, step onto right foot next to left.

JUMPING JACK, UNWIND FULL TURN

37-38 Jump and land on both feet with feet apart, jump and land with right foot crossed over left.

39-40 Pivoting on the sole of left foot unwind one full turn to left and end with weight on left foot.

HIP BUMPS

41&42 Step to right side or slightly forward onto right foot and bump hips to right, bump hips to left, bump hips to right.

43&44 Transfer weight to left foot and bump hips to left, bump hips to right, bump hips to left.

45&46 Transfer weight to right foot and bump hips to right, bump hips to left, bump hips to right.

47&48 Transfer weight to left foot and bump hips to left, bump hips to right, bump hips to left.

STEP, TOUCH, STEP, TOUCH

49-50 Step forward onto right foot, touch left toe next to right.

51-52 Step back onto left foot, touch right toe next to left.

SHUFFLE STEPS

53&54 Shuffle forward right, left, right (step forward onto right foot, slide left foot up next to right, step forward onto right foot).

55&56 Shuffle forward left, right, left (step forward onto left foot, slide right foot up next to left, step forward onto left foot).

STEP, TURN, SHUFFLE STEPS

57-58 Step forward onto right foot, pivoting on the soles of both feet make a ½ turn to left and transfer weight to left foot.

59&60 Shuffle forward right, left, right (step forward onto right foot, slide left foot up next to right, step forward onto right foot).

THREE POINT TURN FORWARD, STOMP WITH CLAP

61& Step forward onto left foot, pivoting on sole of left foot make a ½ turn to right

62& Step back onto right foot, pivoting on sole of right foot make a ½ turn to right

63-64 Step forward onto left foot, stomp right foot next to left and clap hands.

REPEAT

OPTIONAL SYNCOPATED JUMPING JACK

&37 Step onto sole of left foot slightly out to left side, step onto sole of right foot slightly out to right side.

&38 Step onto sole of left foot in home position, cross right over left and touch toe.
