

Sowin' Love

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ron Bagley (UK)
音乐: Sowin' Love - Merv & Maria



TOE TOUCHES, RIGHT SIDE ROCK & CROSS, HOLD

1-2 Touch right toe to right side, step right beside left
3-4 Touch left toe to left side, step left beside right
5-6 Rock right foot to right side, recover weight onto left
7-8 Cross step right over left, hold

LEFT SIDE ROCK & CROSS, HOLD, VINE QUARTER TURN RIGHT, SCUFF

9-10 Rock left to left side, recover weight onto right
11-12 Cross step left over right, hold
13-14 Step right to right side, cross left behind right
15-16 Step right quarter turn right, scuff left foot forward (facing 3:00)

HEEL STRUT FORWARD (LEFT & RIGHT), FORWARD ROCK, HALF TURN LEFT, HOLD

17-18 Step left heel forward, drop left toe to floor
19-20 Step right heel forward, drop right toe to floor
21-22 Rock forward on left, rock back on right
23-24 Step back on left turning half turn left, hold (facing 9:00)

HEEL STRUTS (RIGHT & LEFT), FORWARD ROCK, HALF TURN RIGHT, TOGETHER

25-26 Step right heel forward, drop right toe to floor
27-28 Step left heel forward, drop left toe to floor
29-30 Rock forward on right, rock back on left
31-32 Step back on right turning half turn right, step left beside right (facing 3:00)

REPEAT
