

Southwind Shuffle

拍数: 32 墙数: 4 级数: ultra Beginner two step
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音乐: Take It from Me - Scooter Lee



HIP BUMPS

1-2 Bump hips right twice
3-4 Bump hips left twice
5 Bump hips right
6 Bump hips left
7-8 Repeat counts 5-6

VINE RIGHT, VINE LEFT ¼ TURN TO THE LEFT

9 Step to the right on right foot
10 Cross left foot behind right and step
11 Step to the right on right foot
12 Brush left foot next to right, clap hands
13 Step to the left on left foot
14 Cross right foot behind left and step
15 Step to the left on left foot making a ¼ turn to the left
16 Brush right foot next to left, clap hands

FORWARD SHUFFLES

17&18 Forward shuffle (right, left, right)
19&20 Forward shuffle (left, right, left)
21&22 Forward shuffle (right, left, right)
23&24 Forward shuffle (left, right, left)

BACK UP STEPS, CLAP HANDS

25 Step back on right foot
26 Step back on left foot
27 Step back on right foot
28 Kick left foot forward and clap hands
29 Step back on left foot
30 Step back on right foot
31 Step back on left foot
32 Stomp right foot next to left and clap hands

REPEAT
