

Southern Streamline

拍数: 96 墙数: 2 级数: Improver
编舞者: Mack Apaapa (NZ)
音乐: Southern Streamline - John Fogerty



Stomp Claps, Walk Forward, Walk Backward

- 1-4 Stomp right forward, clap, stomp left beside right, clap
- 5-8 Stomp right forward, clap, stomp left beside right, clap
- 9-12 Walk forward right-left-right, kick left forward
- 13-16 Walk backward left, right, left, touch right toe beside left

SIDE STRUTS, TOE TRIANGLES

- 17-18 Touch right toe to side, drop right heel down
- 19-20 Touch left toe to side, drop left heel down
- 21-22 Touch right toe to the original position, drop right heel down
- 23-24 Touch left toe to the original position, drop left heel down
- 25-28 Touch right toe forward, then to right side, close right beside left, hold
- 29-32 Touch left toe forward, then to left side, close left beside right, hold

½ TURN 12-COUNT ARCH

These moves are similar to a left applejack. During the 12 counts you are executing an arch ending up having completed a ½ turn

- 33 At the same time the left toe fans left while the right heel moves left
- 34 At the same time the left heel moves left while the right toe fans left
- 35 At the same time the left toe fans left while the right heel moves left
- 36 At the same time the left heel moves left while the right toe fans left
- 37 At the same time the left toe fans left while the right heel moves left
- 38 At the same time the left heel moves left while the right toe fans left
- 39 At the same time the left toe fans left while the right heel moves left
- 40 At the same time the left heel moves left while the right toe fans left
- 41 At the same time the left toe fans left while the right heel moves left
- 42 At the same time the left heel moves left while the right toe fans left
- 43 At the same time the left toe fans left while the right heel moves left
- 44 At the same time the left heel moves left while the right toe fans left

¾ KICK TURNS, STOMP CLAPS

- 45-46 Kick right foot forward, then replace right to original position turning ¼ left
- 47-48 Kick left foot forward, then replace left to original position turning ¼ left
- 49-50 Kick right foot forward, then replace right to original position turning ¼ left
- 51-52 Kick left foot forward, then replace left to original position
- 53-56 Stomp right slightly forward, clap, stomp left beside right, clap

TRAIN WHEELS

Your hands move like the wheel arm on a steam train while executing these moves

- 57-58 Step right foot forward, step left beside right
- 59-60 Step right foot backward, step left beside right
- 61-62 Step right foot forward, step left beside right
- 63-64 Step right foot backward, step left beside right

RIGHT TOE HEELS, TWISTS

At this stage both feet are positioned in the normal position i.e. Side by side

- 65 Turning your body on a slight 45 degree angle left, touch right toe to floor turning toe in toward left foot
- 66 Touch right heel to floor turning toe away from left foot
- 67 Touch right toe to floor turning toe in toward left foot
- 68 Touch right heel to floor turning toe away from left foot
- 69 Place right beside left quickly twisting both heels to right
- 70 Twist both heels to left
- 71 Twist both heels to right
- 72 Twist both heels back to normal position

LEFT TOE HEEL, TWISTS

- 73 Turning your body on a slight 45 degree angle right, touch left toe to floor turning toe in toward right foot
- 74 Touch left heel to floor turning toe away from right foot
- 75 Touch left toe to floor turning toe in toward right foot
- 76 Touch left heel to floor turning toe away from right foot
- 77 Place left beside right quickly twisting both heels to left
- 78 Twist both heels to right
- 79 Twist both heels to left
- 80 Twist both heels back to normal position

QUARTER PADDLE TURNS

- 81-82 Step right forward, hold
- 83-84 Quarter turn left on the balls of both feet, hold
- 85-86 Step right forward, hold
- 87-88 Quarter turn left on the balls of both feet, hold
- 89-90 Step right forward, hold
- 91-92 Quarter turn left on the balls of both feet, hold

BACKWARD WALK WITH HALF TURN

- 93 Step backward on right
- 94 Step backward on left
- 95 Turn ½ right and step right forward
- 96 Close left beside right

REPEAT

To fit with phrasing of the song the first 32 counts of this dance are to be left out on the third sequence only.
