

Southern Streamline

拍数: 96 墙数: 2 级数: Improver
编舞者: Mack Apaapa (NZ)
音乐: Southern Streamline - John Fogerty



Stomp Claps, Walk Forward, Walk Backward

1-4 Stomp right forward, clap, stomp left beside right, clap
5-8 Stomp right forward, clap, stomp left beside right, clap
9-12 Walk forward right-left-right, kick left forward
13-16 Walk backward left, right, left, touch right toe beside left

SIDE STRUTS, TOE TRIANGLES

17-18 Touch right toe to side, drop right heel down
19-20 Touch left toe to side, drop left heel down
21-22 Touch right toe to the original position, drop right heel down
23-24 Touch left toe to the original position, drop left heel down
25-28 Touch right toe forward, then to right side, close right beside left, hold
29-32 Touch left toe forward, then to left side, close left beside right, hold

½ TURN 12-COUNT ARCH

These moves are similar to a left applejack. During the 12 counts you are executing an arch ending up having completed a ½ turn

33 At the same time the left toe fans left while the right heel moves left
34 At the same time the left heel moves left while the right toe fans left
35 At the same time the left toe fans left while the right heel moves left
36 At the same time the left heel moves left while the right toe fans left
37 At the same time the left toe fans left while the right heel moves left
38 At the same time the left heel moves left while the right toe fans left
39 At the same time the left toe fans left while the right heel moves left
40 At the same time the left heel moves left while the right toe fans left
41 At the same time the left toe fans left while the right heel moves left
42 At the same time the left heel moves left while the right toe fans left
43 At the same time the left toe fans left while the right heel moves left
44 At the same time the left heel moves left while the right toe fans left

¾ KICK TURNS, STOMP CLAPS

45-46 Kick right foot forward, then replace right to original position turning ¼ left
47-48 Kick left foot forward, then replace left to original position turning ¼ left
49-50 Kick right foot forward, then replace right to original position turning ¼ left
51-52 Kick left foot forward, then replace left to original position
53-56 Stomp right slightly forward, clap, stomp left beside right, clap

TRAIN WHEELS

Your hands move like the wheel arm on a steam train while executing these moves

57-58 Step right foot forward, step left beside right
59-60 Step right foot backward, step left beside right
61-62 Step right foot forward, step left beside right
63-64 Step right foot backward, step left beside right

RIGHT TOE HEELS, TWISTS

At this stage both feet are positioned in the normal position i.e. Side by side

- 65 Turning your body on a slight 45 degree angle left, touch right toe to floor turning toe in toward left foot
- 66 Touch right heel to floor turning toe away from left foot
- 67 Touch right toe to floor turning toe in toward left foot
- 68 Touch right heel to floor turning toe away from left foot
- 69 Place right beside left quickly twisting both heels to right
- 70 Twist both heels to left
- 71 Twist both heels to right
- 72 Twist both heels back to normal position

LEFT TOE HEEL, TWISTS

- 73 Turning your body on a slight 45 degree angle right, touch left toe to floor turning toe in toward right foot
- 74 Touch left heel to floor turning toe away from right foot
- 75 Touch left toe to floor turning toe in toward right foot
- 76 Touch left heel to floor turning toe away from right foot
- 77 Place left beside right quickly twisting both heels to left
- 78 Twist both heels to right
- 79 Twist both heels to left
- 80 Twist both heels back to normal position

QUARTER PADDLE TURNS

- 81-82 Step right forward, hold
- 83-84 Quarter turn left on the balls of both feet, hold
- 85-86 Step right forward, hold
- 87-88 Quarter turn left on the balls of both feet, hold
- 89-90 Step right forward, hold
- 91-92 Quarter turn left on the balls of both feet, hold

BACKWARD WALK WITH HALF TURN

- 93 Step backward on right
- 94 Step backward on left
- 95 Turn ½ right and step right forward
- 96 Close left beside right

REPEAT

To fit with phrasing of the song the first 32 counts of this dance are to be left out on the third sequence only.
