South Freight Special

级数: Intermediate/Advanced

编舞者: Irene Williams (AUS) & Barbara Chamberlain (AUS)

音乐: South Freight Special - Roo Arcus

RIGHT OUTBACK, LEFT OUTBACK, TOE BEHIND

- Right heel 45 degrees, slap heel behind left leg with left hand, right 45 together 1-4
- 5-8 Left heel 45 degrees, slap heel behind right leg with right hand, left 45 and left toe back

LEFT SHUFFLE, RIGHT SHUFFLE

拍数: 52

- 9&10 Shuffle forward left: step left forward, right to left, forward on left
- 11&12 Shuffle forward right: step right forward, left to right, forward on right

STEP LEFT FOOT ¾ TURN WEIGHT ENDING ON RIGHT FOOT

13-14 Step forward on left turning ³/₄ to right, weight remaining on right

ROCK FORWARD LEFT, ROCK BACK RIGHT, SHUFFLE BACK LEFT

- 15-16 Rock forward on left, back on right
- 17&18 Shuffle back left: step left back, right to left, step left back

RIGHT TOE BACK, ¾ TURN RIGHT, RIGHT SHUFFLE, LEFT SHUFFLE

- 19-20 Step right toe back, turning right ³/₄
- 21&22 Shuffle right: step right forward, left to right, forward on right
- 23&24 Shuffle left: step left forward, right to left, forward on left

ROCK FORWARD RIGHT, BACK LEFT, FULL TURN RIGHT. ROCK FORWARD LEFT, BACK RIGHT, FULL **TURN LEFT**

- 25-26-27&28 Rock forward right, back on left full turn right on the spot, right-left-right
- 29-30-31&32 Rock forward left, back on right full turn left on the spot, left-right-left

VINE RIGHT ½ TURN, SCUFF LEFT, VINE LEFT, SCUFF RIGHT

- Step right to side, left behind, right to side, 1/2 turn right on right foot, scuff left 33-36
- 37-40 Step left to side, right behind, left to side, scuff right

1 ¼ TURN RIGHT

41&42 Spinning right to the side turn 1 ¼, traveling sideways right-left-right

HEEL FORWARD LEFT 45 DEGREES, HEEL FORWARD RIGHT 45 DEGREES

43-46 Left heel forward at 45 degrees, back together, right heel forward at 45 degrees, back together

TOE SWITCHES, LEFT & RIGHT. RIGHT SAILOR, LEFT SAILOR

- 47&48 Pointing toe to sides and switching back to other side: left and right
- 49&50 Right sailor: right behind left, left to side, right on the spot
- 51&52 Left sailor: left behind right, right to side, left on the spot

REPEAT

FINISH

Dance finishes on 1 ¼ turn, which brings you back to the front wall. Step to the left, touching right toe behind left as you bow head, touching your hat





墙数:4