

# Sousa Shuffle

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Beginner  
编舞者: Knox Rhine (USA)  
音乐: Stars And Stripes Forever - John Philip Sousa



## SHUFFLE FORWARD (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), STOMP, KICK

1            Step forward with right foot  
&            Step together with left foot next to right foot  
2            Step forward with right foot  
3            Step forward with left foot  
&            Step together with right foot next to left foot  
4            Step forward with left foot  
5            Stomp (up) with right foot next to left foot  
6            Kick right foot forward

## SHUFFLE BACK (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), ROCK, STEP

7            Step back with right foot  
&            Step together with left foot next to right foot  
8            Step back with right foot  
9            Step back with left foot  
&            Step together with right foot next to left foot  
10           Step back with left foot  
11           Step back with right foot  
12           Rock forward onto left foot

## SHUFFLE FORWARD (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), STOMP, KICK

13           Step forward with right foot  
&            Step together with left foot next to right foot  
14           Step forward with right foot  
15           Step forward with left foot  
&            Step together with right foot next to left foot  
16           Step forward with left foot  
17           Stomp (up) with right foot next to left foot  
18           Kick right foot forward

## SHUFFLE BACK (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), ROCK, STEP

19           Step back with right foot  
&            Step together with left foot next to right foot  
20           Step back with right foot  
21           Step back with left foot  
&            Step together with right foot next to left foot  
22           Step back with left foot  
23           Step back with right foot  
24           Rock forward onto left foot

## POTTY SHUFFLE LEFT

25           Step across in front of left leg with right foot  
&            Step to left side with left foot  
26           Step across in front of left leg with right foot  
&            Step to left side with left foot  
27           Step across in front of left leg with right foot

- & Step to left side with left foot
- 28 Step across in front of left leg with right foot

### **STOMP, KICK, CROSS, ½ TURN**

- 29 Stomp (up) with left foot next to right foot
- 30 Kick left foot forward
- 31 Step across in front of right leg with left foot
- 32 Unwind ½ turn right on balls of both feet, end with weight on left foot

### **POTTY SHUFFLE LEFT**

- 33 Step across in front of left leg with right foot
- & Step to left side with left foot
- 34 Step across in front of left leg with right foot
- & Step to left side with left foot
- 35 Step across in front of left leg with right foot
- & Step to left side with left foot
- 36 Step across in front of left leg with right foot

### **STOMP, KICK, CROSS, ½ TURN**

- 37 Stomp (up) with left foot next to right foot
- 38 Kick left foot forward
- 39 Step across in front of right leg with left foot
- 40 Unwind ½ turn right on balls of both feet, end with weight on left foot

### **RIGHT HEEL, ¼ TURN LEFT, LEFT HEEL, ¼ TURN RIGHT**

- 41 Step forward with right heel
- 42 Pivot ¼ turn left on ball of left foot and heel of right foot, drop right toe down
- 43 Step forward with heel of left foot
- 44 Pivot ¼ turn right on ball of right foot and heel of left foot, drop left toe down

### **RIGHT TOE BACK, ½ TURN RIGHT, LEFT HEEL FORWARD, TOE DROP**

- 45 Step back with toe of right foot
- 46 Pivot ½ turn right on balls of both feet, drop right heel down
- 47 Step forward with left heel
- 48 Drop left toe down.

### **REPEAT**

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