

S.O.U.L. Steppin'

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Rob Fowler (ES)
音乐: Soul Steppin' - Will Downing



RIGHT CROSS, GRAPEVINE, SIDE ROCK, RECOVER, CROSS ¼ TURN, ¼ TURN

1-2 Cross step right foot over left, step to left on left foot
3&4 Cross-step right foot behind left, step to left on left foot, cross-step right foot over left
5-6 Rock to left on left foot, recover weight onto right foot
7&8 Cross-step left foot over right, turn ¼ left stepping back onto right foot, turn ¼ left stepping to left on left foot (6:00)

RIGHT & LEFT HEEL JACKS, CROSSING HEEL GRINDS RIGHT AND LEFT

1&2 Step right foot over left, step to left on left foot, touch right heel diagonally forward right
&3&4 Step down onto right foot, cross-step left foot over right, step to right on right foot, touch left heel diagonally forward left
& Step down onto left foot
5-6 Cross right heel over left, step to left on left foot as right foot turns out
& Step down onto right foot beside left
7-8 Cross left heel over right, step to right on right foot as left foot turns out

CROSS, BACK, ¼ TURN SHUFFLE, RIGHT & LEFT LOCK STEPS WITH ½ TURN LEFT

& Step down onto left foot beside right
1-2 Cross right foot over left, step back onto left foot
3&4 Turn ¼ right, shuffling forward right, left, right (9:00)
5-6 Step diagonally forward left on left foot, lock step right foot behind left
&7-8 Step diagonally forward left on left foot, step diagonally forward right on right foot, lock step left foot behind right
& Turn ½ left on ball of right foot (3:00)

STEP LOCK & STEP LOCK, ¼ TURN, SYNCOPATED VINE WITH TOUCH TO LEFT

1-2 Step diagonally forward left on left foot, lock step right foot behind left
&3-4 Step diagonally forward left on left foot, step diagonally forward right on right foot, lock step left foot behind right
& Turn ¼ left on ball of right foot (12:00)
5-6 Step to left on left foot, cross step right foot behind left
&7-8 Step to left on left foot, cross step right foot over left, point left foot out to left side

BEHIND & CROSS & CROSS, TOUCH, BEHIND, FULL UNWIND, ROCK & CROSS

1&2 Cross step left foot behind right, step to right on right foot, cross step left foot over right
&3-4 Step to right on right foot, cross-step left foot over right, point right foot out to right side
5-6 Touch right foot behind left, full unwind
7&8 Rock to left on left foot, recover weight onto right foot, cross step left foot over right

STEP TO RIGHT, SLIDE & CROSS STEP, SAILOR ½ TURN, POINT ¼ TURN POINT

1-2 Large step to right on right foot, slide left foot towards right
&3-4 Step down onto left foot beside right, cross-step right foot over left, step to left on left foot
5&6 Right sailor ½ turn (6:00)
7 Point left foot out to left side
& Turn ¼ right on ball of right foot, lifting left foot (9:00)
8 Point left foot out to left side

BEHIND, SIDE ROCK, RECOVER (X 4)(TRAVELING BACK)

As you rock to the side click fingers

- 1&2 Step left foot behind right, rock to right on right foot, recover weight onto left foot
- 3&4 Step right foot behind left, rock to left on left foot, recover weight onto right foot
- 5&6 Step left foot behind right, rock to right on right foot, recover weight onto left foot
- 7&8 Step right foot behind left, rock to left on left foot, recover weight onto right foot

LEFT COASTER, SKATE RIGHT, LEFT, RIGHT DIAGONAL SHUFFLE, LEFT DIAGONAL SHUFFLE

- 1&2 Step back on left foot, step on right foot beside left, step forward on left foot
- 3-4 Skate right foot forward, skate left foot forward
- 5&6 Step right foot diagonally to right, step left foot next to right, step right foot diagonally forward
- 7&8 Step left foot diagonally left, step right next to left, step left foot diagonally forward

REPEAT
