

拍数: 48 墙数: 2 级数: Intermediate

编舞者: Noel Bradey (AUS) 音乐: Completely - Brad Martin



FORWARD, MAMBO, BACK, CROSS, SIDE, REPLACE, WEAVE, TOUCH BEHIND, 3/4 UNWIND

1-2&3 Step forward left, rock/step forward on right, replace weight to left, step back on right past left

&4 Step back on left on left diagonal, cross/step right over left

&5 Rock/step left to left, replace weight to right on right (left drags slightly towards right)

6&7 Cross/step left behind right, step right to right, cross/step left over right

&8 Step right to right, touch left behind right

& Unwind ¾ turn left (weight on left)

FORWARD, ½ PIVOT, LOCK SHUFFLE FORWARD, FORWARD, REPLACE, BACK, CROSS, SIDE, TOUCH, ½ TURN

1-2 Step forward right, pivot turn ½ turn left (weight on left)

3&4 Step right forward, lock/step left behind right, step forward on right

5-6 Rock/step forward on left, replace weight to right

&7&8& Step diagonally back on left, cross/step right over left, step diagonally back on left, touch right

toe to right side, turn ½ turn right dragging right toe in to step beside left

SIDE, BEHIND, SIDE, CROSS, ½ TURN, SIDE SHUFFLE, ½ TURN, FORWARD, TOUCH FULL TURN

1-2&3 Step left to left side, cross/step right behind left, step left to left, cross/step right over left

4-5&6 Step on left to left turning ½ turn right, side shuffle to right on right-left-right

7&8& Turn ½ turn left stepping forward on left, step forward on right, touch left behind right turning

full turn left on ball of right, take weight onto left (end weight on left)

FORWARD, ¾ PIVOT WITH HOOK, SHUFFLE FORWARD, ROCK FORWARD, REPLACE, ¼ SIDE, REPLACE

1-2 Step forward on right. Turn ¾ turn left on ball of right ending with left hooked over right

3&4 Shuffle forward left-right-left

5-8 Rock step forward on right, replace weight to left, turn \(\frac{1}{4} \) turn right to rock/step right to right,

replace weight to left

BESIDE, FORWARD, DRAG BEHIND, SHUFFLE BACK, FORWARD, FORWARD, ½ PIVOT FORWARD, FULL TURN TRIPLE

&1-2 Step on right beside left, step forward on left, drag/lock step right up behind left

3&4 Shuffle back on left-right-left

&5&6 Step forward on right, step forward on left, pivot turn ½ turn right (weight right), step forward

on lef

7&8 Full turn right traveling right stepping right-left-right

1/4 TURN, ROCK BACK, REPLACE, 1/2 TURN, ROCK BACK, REPLACE, STEP, 1/2, STEP, 1/2, PIVOT 1/2

&1-2 Turn ¼ turn right stepping left to left, rock/step back on right, replace weight to left &3-4 Turn ½ turn left stepping on right, rock/step back on left, replace weight to right

&5&6 Step forward on left, pivot turn ½ turn right, step forward on left, pivot turn ½ turn right

7-8 Step forward on left, pivot turn ½ turn right (end weight on right)

REPEAT