Soul Man



编舞者: Dave Kim (USA)

音乐: Soul Man - The Blues Brothers



INTRO

1-16 Start intro with arms crossed tapping the right heel

People will do the dance backwards

THE MOTOWN

Swing arms forward and back at the waist

1-4	Right step to right, left next to right, right step to right, left next to right and clap
5-8	Left step to the left, right next to left, left step to left, right next to left and clap
9-12	Right step to right, left next to right, right step to right, left next to right and clap
13-16	Left step to the left, right next to left, left step to left, right next to left and clap
17-20	Right step to right, left next to right, right step to right, left next to right and clap
21-24	Left step to the left, right next to left, left step to left, right next to left and clap
25-28	Right step to right, left next to right, right step to right, left next to right and clap
29-32	Left step to the left, right next to left, left step to left, right next to left and clap

THE SOUL MAN

1-4	Shake both hands over the head
5-8	Pump both fists down
9-12	Shake both hands over the head
13-16	Pump both fists down
17-20	Shake both hands over the head
21-24	Pump both fists down
25-28	Shake both hands over the head
29	Right arm straight up
30	Left arm straight up
31	Right arm out to the right at shoulder height
32	Left arm out to the left at shoulder height

PLAY THE PIANO

Hands out in front at waist level and act like you are playing a piano

1-4	Right step to right, left next to right, right step to right, left next to right and clap
5-8	Left step to the left, right next to left, left step to left, right next to left and clap
9-12	Right step to right, left next to right, right step to right, left next to right and clap
13-16	Left step to the left, right next to left, left step to left, right next to left and clap
17-20	Right step to right, left next to right, right step to right, left next to right and clap
21-24	Left step to the left, right next to left, left step to left, right next to left and clap
25-28	Right step to right, left next to right, right step to right, left next to right and clap
29-32	Left step to the left, right next to left, left step to left, right next to left and clap

THE SOUL MAN

1-4	Shake both hands over the head
5-8	Pump both fists down
9-12	Shake both hands over the head
13-16	Pump both fists down
17-20	Shake both hands over the head
21-24	Pump both fists down
25-28	Shake both hands over the head

29	Right arm straight up
30	Left arm straight up
31	Right arm out to the right at shoulder height
32	Left arm out to the left at shoulder height

ARM ROLLS

1-4	Roll hands at the right shoulder
5-8	Roll hands at the left shoulder
9-12	Roll hands at the right hip
13-16	Roll hands at the left hip
17-20	Roll hands at the right shoulder
21-24	Roll hands at the left shoulder
25-28	Roll hands at the right hip
29-32	Roll hands at the left hip

THE SOUL MAN	
1-4	Shake both hands over the head
5-8	Pump both fists down
9-12	Shake both hands over the head
13-16	Pump both fists down
17-20	Shake both hands over the head
21-24	Pump both fists down
25-28	Shake both hands over the head
29	Right arm straight up
30	Left arm straight up
31	Right arm out to the right at shoulder height
32	Left arm out to the left at shoulder height

HITCHHIKER

1-4	Right hand to the right and act like you are hitchhiking
5-8	Left hand to the left and act like you are hitchhiking
9-12	Right hand to the right and act like you are hitchhiking
13-16	Left hand to the left and act like you are hitchhiking
17	Right hand to the right and act like you are hitchhiking
18	Left hand to the left and act like you are hitchhiking
19	Right hand to the right and act like you are hitchhiking
20	Left hand to the left and act like you are hitchhiking
1	Step right forward and put your right hand out palm down
2-4	Hold
5	Step left forward and put your left hand out palm down
6-8	Hold
9	Step right forward and put your right hand out palm down
10-12	Hold
13	Step left forward and put your left hand out palm down
14-16	Hold
17-20	Walk back right, left, right, left
21-24	Walk in place right, left, right, left

GET CRAZY

Or just walk it out for 8 more steps

Walk in place right, left, right, left, right, left, right, left 25-32

BACK TO THE MOTOWN

1-4 Right step to right, left next to right, right step to right, left next to right and clap
5-8 Left step to the left, right next to left, left step to left, right next to left and clap

PLAY THE PIANO

1-4 Right step to right, left next to right, right step to right, left next to right and clap
5-8 Left step to the left, right next to left, left step to left, right next to left and clap

ARM ROLLS

1-4 Roll hands at the right shoulder5-8 Roll hands at the left shoulder

HITCHHIKER

1-4 Right hand to the right and act like you are hitchhiking 5-8 Left hand to the left and act like you are hitchhiking

BACK TO THE MOTOWN ONE MORE TIME

1-4 Right step to right, left next to right, right step to right, left next to right and clap
5-8 Left step to the left, right next to left, left step to left, right next to left and clap

GRAND FINALE

Step forward with the right foot and extend right hand out to the crowd palm up strike a pose