

# S.O.S. Please

**COPPERKNOB**  
BY STEPHENETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Jill Babinec (USA) & Angela McCoy  
音乐: S.O.S. (Rescue Me) - Rihanna



## WALK RIGHT-LEFT, RIGHT KICK BALL CHANGE, OUT OUT AND CROSS LEFT, STEP RIGHT SIDE, TOUCH LEFT

1-2            Walk forward right, left  
3&4           Kick right forward, step ball of right next to left, step left next to right  
&5&6          Jump right out to side, jump left out to side, jump right in and step next to left, cross step left over right  
7-8           Step side right, touch left

## SYNCOPATED VINE LEFT WITH CROSS, HOLD, STEP FORWARD LEFT, ½ PIVOT RIGHT, STEP ON LEFT, RIGHT TOUCH

1-2&           Step side left, step behind with right, step side left  
3-4           Cross right over left, hold  
5-6           Step forward on left, turn ½ to right and take weight (6:00 wall)  
7-8           Step left next to right, touch right toe next to left

## TOE POINTS, HITCH RIGHT AND CROSS, UNWIND ½, BODY ROLL

1&2           Point right toe to right side, step right next to left, point left toe to left side  
&3&4          Step left next to right, point right toe to right side, hitch right, cross right in front of left  
5-6           Unwind ½ turn to the left (12:00 wall)  
7-8           Body roll (weight ends on right)

## TOE POINTS, HITCH LEFT AND CROSS, UNWIND ¾, BODY ROLL

1&2           Point left toe to left side, step left next to right, point right toe to right side  
&3&4          Step right next to left, point left toe to left side, hitch left, cross left in front of right  
5-6           Unwind ¾ turn to the right for 2 counts (9:00 wall)  
7-8           Body roll (weight ends on left)

## WALK RIGHT-LEFT, RIGHT KICK BALL CHANGE AND LEFT HEEL SLIDE BACK, LEFT COASTER STEP

1-2           Walk forward right - left  
3&4           Kick right forward, step ball of right next to left, step left next to right  
&5-6          Hitch right knee slightly, long step backward on right, drag left heel back to right no weight  
7&8           Step back left, step right beside left, step forward left

## RIGHT TOE POINT, TOUCH, POINT & MONTEREY TURN ½ TO RIGHT WITH LUNGE ON RIGHT, BODY ROLL

1-2           Point right toe to right, touch right toe beside left  
3&4           Point right toe to right, pivot on left ball ½ turn over right shoulder, step to right side on right (3:00 wall)

**You should have a slight bend in both knees and feet are shoulder width apart main weight on right**

5-8           While bending at knees make a clock wise circle down and then back up to weight on right

**Easier option:**

4-8           Place right foot beside left, hip bumps left, right, left, right

## MODIFIED JAZZ BOX WITH CROSS, 2 LEFT SIDE BODY ROLLS MOVING LEFT

1-4           Cross left over right, step back on right, step to left and slightly back on left, cross right over left  
5-6           Step to left as you start a side body roll, end body roll with weight on right

&7-8 Step to left, start side body roll, end body roll with weight on left touch right toe

**Easier option:**

5-8 Step left, step right beside left, step left, touch right beside left

**Feel free to use your shoulders and get funky with it. Shoulders can go up, down, up, down**

**HIP-HIP-BACK-BACK, SWEEP WITH ¼ TURN RIGHT AND STEP, LEFT KICK BALL TOUCH**

1-2 Step forward diagonally right as roll right hip to the right, step forward diagonally left as roll left hip to the left

3-4 Step back diagonally right on right, step back diagonally left on left

5-6 Sweep right foot making a ¼ right, step right beside left (6:00 wall)

7&8 Kick left forward, step on ball of left next to right, touch right toe next to left

**REPEAT**

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