

SOS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mike Camara (USA)
音乐: S.O.S. (Rescue Me) - Rihanna



ROCK FORWARD BACK, BACK FORWARD, FORWARD BACK, COASTER STEP

1-2 Step right foot forward, rock back on left
3-4 Step right foot back, rock forward on left
5-6 Step right foot forward, rock back on left
7&8 Step right foot back, step left next to right, step right foot forward (coaster)

STEP ½ TURN, ROCK FORWARD AND BACK, COASTER, STEP ½

9-10 Step left foot forward, pivot ½ to right
11-12 Step left foot forward, rock back on right
13&14 Step left foot back, step right next to left, step left foot forward (coaster)
15-16 Step right foot forward, pivot ½ to left

VINE RIGHT, VINE LEFT WITH ¼ TURN LEFT

17-18 Step right foot to right, step left foot behind right
19-20 Step right foot to right, brush left foot forward
21-22 Step left foot to left, step right foot behind left
23-24 Step left foot to left making ¼ turn left, brush right forward

HIP BUMPS

25-26 Step right foot forward, (slight angle right) 2 hips forward right, right
27-28 Step left foot back (slight angle left) 2 hips back left, left
29-30 Step right foot forward, step left foot back, 2 hips right, left
31-32 Step right foot forward, step left foot back, 2 hips right, left

REPEAT
