

# Songbird

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver foxtrot  
编舞者: Phil Johnson (UK)  
音乐: Songbird - Willie Nelson



## STEP LONG STEP LEFT, HOLD, ROCK BACK RIGHT RECOVER; STEP LONG STEP RIGHT, HOLD, CROSS ¼ TURN LEFT

1-4 (SQQ) long step to left side, hold, rock back on right behind left, recover weight forward on left  
**Ideally step one should be onto the ball of the left to raise the body ready for the fall on the step behind**  
5-8 (SQQ) long step right to right side, hold, cross step left over right, ¼ turn left stepping back on right

## ¼ TURN LEFT, HOLD, ROCK RIGHT FORWARD, RECOVER, HALF TURN RIGHT, HOLD, ROCK LEFT FORWARD, RECOVER BACK ON RIGHT

9-12 (SQQ) ¼ turn left stepping left long step to left side, hold, rock right forward, recover weight back on left (starting half turn right)  
13-16 (SQQ) ½ turn right stepping forward on right, hold, rock left forward, recover weight back on right

## STEP LONG STEP LEFT, HOLD, BEHIND SIDE, FORWARD RIGHT TWINKLE

17-20 (SQQ) long step left to left side, hold, cross step right behind left, step left to left side  
21-24 (SQQ) moving slightly forward) step right diagonally forward across left (facing 10:00), hold (while sliding left to right), step left to side, step right to right side (facing 2:00)

## FORWARD LEFT TWINKLE, ROCK RIGHT FORWARD, RECOVER, ¼ TURN RIGHT, LONG STEP RIGHT, SLIDE LEFT TO TOUCH BESIDE RIGHT

25-28 (SQQ) (moving slightly forward) step left diagonally forward across right (2:00), hold (while sliding right to left), step right to side, step left to left side (facing 10:00)

**Remember that the foxtrot twinkle (like that of the waltz) should feature a rise and fall - heel, toe, toe**

29-32 (QQQQ) rock forward on right (to 2:00), recover weight back on left starting to turn to 3:00 wall) complete right turn (to 3:00 wall) stepping right long step to right side, (weight firmly on right with hips slightly to right) slide left to touch beside right (weight on right)

## REPEAT

Steps 1-5 and 31-32 (at least) should provide the opportunity to sway (a typical Foxtrot movement). On Wall 8, music appears to slow down on count 17-27 (facing 3:00 wall). just dance to the usual tempo (you will pick it up) and you will end facing the home wall on count 32 with 8 beats of music left

## ENDING

1-4 (SQQ) long step to left side, hold, rock back on right behind left, recover weight forward on left  
5-8 (SQQ) long step right to right side, hold, cross rock left over right, recover weight back on right (no ¼ left turn so as to end facing the home wall)