

Son Shine

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jan Smith (UK)
音乐: My Son - Brendan Shine



CROSS ROCK, RECOVER, BACK CROSS, SIDE, CROSS ROCK, RECOVER TURN 1 /2, TRIPLE FULL TURN

1 Cross rock forward on left foot
2&3 Recover to right, step side and slightly back on left and cross right foot over left foot
4 Step left foot to left side
5-6 Cross rock forward on right foot, recover weight onto left foot, (diagonal)
7 Step ½ right on to right foot still diagonal
8&9 Triple full turn right stepping left, right, left, still on diagonal

CROSS ROCK, RECOVER, BACK LOCK BACK, BACK LOCK BACK, CROSS ROCK BACK RECOVER

10-11 Cross rock forward on right foot, recover weight onto left foot, (diagonal)
12&13 Moving back diagonally right stepping right, lock left, right
14&15 Moving back diagonally left stepping left, lock right, left
16-17 Cross rock back on right foot, recover weight onto left foot

TRIPLE FULL TURN LEFT, TRIPLE FULL TURN RIGHT, STEP, ROCK RECOVER

18&19 Traveling forward, full turn left, stepping right, left, right
20&21 Traveling forward, full turn right, stepping, left, right, left

Optional: step forward left, lock right behind left, step forward left

22 Step forward right
23-24 Rock forward left, recover weight onto right

STEP 1/2 LEFT, STEP RIGHT, LEFT, TURNING 3/4 LEFT, CROSS, SIDE, SAILOR STEP, CROSS SIDE

25 Traveling back step ½ left onto left foot
26&27 Continue turning left ¾ stepping right, left, cross right over left
28 Step left to left side
29&30 Right sailor step, stepping right, left, right, (facing right diagonal)
31-32 Step left over right, step right to right side

REPEAT
