

Somewhere In My Heart

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chris Peel (UK)
音乐: Somewhere In My Heart - Paul Bailey



Sustain each beat and slide smoothly into the steps, wherever possible. Savor the slow rhythm, move with it and above all, enjoy the lyrics

FORWARD, BACK, BACK, HOLD. BACK, TOGETHER, SHUFFLE FORWARD

1-2 Step right forward, step left back
3-4 Step right back, hold
5-6 Step left back, step right beside left
7&8 Step left forward - slide right stepping beside left, step left forward

PIVOT ½ TURN LEFT, TOGETHER, HOLD. SIDE, TOGETHER, SHUFFLE FORWARD

9-10 Step right forward into pivot ½ turn left, step weight forward onto left
11-12 Step right beside left, hold
13-14 Side step left (shoulder width away), slide right stepping beside left
15&16 Step left forward - slide right stepping beside left, step left forward

SIDE, TOGETHER, BACK-LOCK, BACK. ¼ TURN LEFT, SIDE STEP, SLIDE, TOGETHER

17-18 Side step right (shoulder width away), slide left stepping beside right
19&20 Step right back - slide left stepping across front of right, step right back
21-22 Step left ¼ turn to left, side step right (shoulder width away)
23-24 Slide left touching beside right, step down left

CROSS, ROCK, CROSS, TWIST. CROSS, ROCK, CROSS, TWIST

25-26 Rock right across left, rock weight back onto left
27-28 Rock right across left, twist to right diagonal on right
29-30 Rock left across right, rock weight back onto right
31-32 Rock left across right, twist to center on left

REPEAT
