

Sometimes U2

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lady Lace (UK)
音乐: Sometimes You Can't Make It On Your Own - U2



ROCK STEP & STEP LOCK FORWARD, STEP PIVOT ½, ¼ SIDE, KICK, ROCK BACK, POINT

1-2& Rock right forward, recover onto left, step right in place
3&4 Step left forward, lock right behind, step left forward
5&6 Step right forward, pivot ½ turn left, making ¼ turn left step right to side
& Kick left to side
7&8 Rock left behind right, recover onto right, point left to left side

TOUCH UNWIND ½, CROSS SHUFFLE, POINT, TOUCH UNWIND ½, CROSS SHUFFLE

1-2 Touch left toe across right, unwind ½ turn right with weight on right
3&4 Cross step left over right, step right to side, cross step left over right
5-6 Point right to right side, touch right toe across left unwind ½ turn left
7&8 Cross step left over right, step right to side, cross step left over right

½ TURN SHUFFLE RIGHT, ½ TURN SHUFFLE LEFT, SIDE STEP RIGHT THEN LEFT WITH HEEL DROPS

1&2 Making ½ turn right step right forward, close left to right, step right forward (moving away from wall)
3&4 Making ¼ turn left step left forward, close right to left, making ¼ turn left step left forward
5-6 Step right to side lifting left heel up, drop heel down
7-8 Step left to side lifting right heel up, drop heel down

SIDE MAMBO, FORWARD ANCHOR STEPS, SIDE MAMBO, FORWARD ANCHOR STEPS, & STEP BACK SLIGHTLY HITCHING RIGHT

1&2 Rock right to side, recover, step right in place
3&4& Rock left over right, recover, rock left over right, recover
5&6 Rock left to side, recover, step left in place
7&8 Rock right over left, recover, rock right over left
& Step back onto left hitching right slightly

REPEAT
