

# Sometimes I Run

拍数: 80      墙数: 2      级数: Improver  
编舞者: Andree Of Stevenage  
音乐: Sometimes - Britney Spears



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- |       |                                                  |
|-------|--------------------------------------------------|
| 1-2-3 | Walk forward right, left, right and              |
| 4     | Touch left toe to right heel                     |
| 5-6   | Walk back left right then                        |
| 7-8   | Coaster step (left, right, left)                 |
| 9-16  | Repeat steps 1-8                                 |
| 17-18 | Step right over left, step left to left          |
| 19&20 | Step right behind left, jump right over left     |
| 21-22 | Step left over right, step right to right        |
| 23&24 | Step left behind right, jump left over right     |
| 25-48 | Repeat steps 1 to 24                             |
| 49-50 | Rock step right forward and                      |
| 51&52 | Shuffle back right, left, right                  |
| 53-54 | Rock step left back, and                         |
| 55&56 | Shuffle forward left, right, left                |
| 57-64 | Repeat steps 49-56                               |
| 65-66 | Rock step right forward then                     |
| 67&68 | Shuffle ½ turn to right, right, left, right      |
| 69&70 | Shuffle ½ turn to right, left, right, left       |
| 71&72 | Shuffle ½ turn to right, right, left, right      |
| 73-74 | Rock step left forward then                      |
| 75-76 | Step back on left, touch right toe to right side |
| 77    | Step back right                                  |
| 78    | Touch left toe to left side                      |
| 79&80 | Step back into a coaster step, left right, left  |

**REPEAT**

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