

Sometimes

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Sometimes When We Touch (Pete Hammond 7-inch Mix) - Newton



SHUFFLES FORWARD, MASHED POTATO STEPS BACK

1&2 Shuffle forward on right, left, right
3&4 Shuffle forward on left, right, left
& Swivel both heels apart
5 Swivel both heels in sliding right heel behind left heel
& Swivel both heels apart
6 Swivel both heels in sliding left heel behind right heel
& Swivel both heels apart
7 Swivel both heels in sliding right heel behind left heel
& Swivel both heels apart
8 Swivel both heels in sliding left heel behind right heel

KICKS & ¾ TURNING TRIPLE STEPS

9-10 Kick right foot forward twice
11&12 Make a ¾ turn to the right on a triple step, stepping right-left-right
13-14 Kick left foot forward twice
15&16 Make a ¾ turn to the left on a triple step, stepping left-right-left

You are now facing starting wall

SIDE SHUFFLES & ROCKS

17&18 Side shuffle to the right, stepping right, left, right.
19-20 Rock back on left foot, recover weight to right foot
21&22 Side shuffle to the left, stepping left, right, left.
23-24 Rock back on right foot, recover weight to left foot

& HEEL & CROSS, UNWIND ¾ TURN LEFT, HEEL SWITCHES, ROLL

&25 Step right foot to right side, step left heel diagonally forward
&26 Step left foot in place, cross right foot over left foot
27-28 Unwind ¾ turn to the left
29& Touch right heel forward, step right foot in place
30& Touch left heel forward, step left foot in place
31-32 Step right foot forward, roll hips to right

Style tip:-bend knees as you go into the roll

& KICK, CROSS, UNWIND, CLAP, SIDE ROCK, CROSS SHUFFLE

&33 Step down on right foot, kick left foot forward
34 Cross left foot over right foot
35-36 Unwind ½ turn to the right, clap
37-38 Step left foot to left, rocking onto it, recover weight to right foot
39&40 Cross left foot over right, shuffling onto it on left, right, left

KICKS, SAILOR STEP, ROLLING VINE, SCUFF

41-42 Kick right foot forward twice
43&44 Cross step right foot behind left foot, step left foot to left side, step right foot in place
45-48 Make a full turn to the left, stepping on left, right, left, scuff right foot through

REPEAT
