

Something For The Weekend

COPPER KNOB
STEPSHEETS

拍数: 44 墙数: 2 级数: Intermediate
编舞者: Steve Wilkinson & Ceri Wilkinson
音乐: You Sexy Thing - Hot Chocolate



LEFT OUT, RIGHT OUT, LEFT SHUFFLE

- 1 Facing the front, lift left knee and step out to the left
- 2 Lift right knee and step out to the right
- 3&4 Turning ¼ turn to the left, shuffle left, right, left to the left (cha-cha-cha)

RIGHT OUT, LEFT OUT, RIGHT SHUFFLE

- 5 Facing the front, lift right knee and step out to the right
- 6 Lift left knee and step out to the left
- 7&8 Turning ¼ turn to the right, shuffle right, left, right to the right (cha-cha-cha)

HIP PUSH FORWARD AND BACK TWICE, LEFT SHUFFLE

- 9 Step forward on left foot and push left hip forward
- 10 Push right hip back
- 11 Push left hip forward
- 12 Push right hip back
- 13&14 Shuffle forward left, right, left

HIP PUSH FORWARD AND BACK TWICE, RIGHT SHUFFLE

- 15 Step forward on right foot and push right hip forward
- 16 Push left hip back
- 17 Push right hip forward
- 18 Push left hip back
- 19&20 Shuffle forward right, left, right

LEFT FORWARD ROCK, TRIPLE STEP ½ TURN

- 21 Step forward on left foot
- 22 Rock back onto right
- 23&24 Make ½ turn over left shoulder while doing triple step left, right, left

RIGHT FORWARD ROCK, TRIPLE STEP ½ TURN

- 25 Step forward on right foot
- 26 Rock back onto left
- 27&28 Make ½ turn over right shoulder while doing triple step right, left, right

MEXICAN HAT STEP, HIP THRUST

- 29& Take left heel forward and bring back to place
- 30& Take right heel forward and bring back to place
- 31 Take left heel forward
- 32 Thrust hips forward

GRAPEVINE RIGHT, GRAPEVINE LEFT, ½ TURN & HITCH

- 33 Step right on right foot
- 34 Cross left foot behind right foot
- 35 Step right on right foot
- 36 Clap
- 37 Step left on left foot

- 38 Cross right foot behind left foot
- 39 Step left on left foot
- 40 Make ½ turn over left shoulder while hitching right knee

HIP BUMPS, TOUCH

- 41-43 Step out to the right with right foot and push hips right, left, right
- 44 Touch left beside right

REPEAT
