

Someone Come And Rescue Me

COPPER **KNOB**
BY STEPHENETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Jessica Richards (UK)
音乐: S.O.S. (Rescue Me) - Rihanna



CROSS ROCK, SIDE ROCK, WEAVE, TOUCH

1-2 Cross rock right over left, recover onto left
3-4 Rock right to right side, recover onto left
5-6 Step right to right side, step left behind right
7-8 Step right to right side, step left next to right

FORWARD LOCK RIGHT, FORWARD LOCK LEFT, PIVOT ½ TURN, KICK (OUT OUT)

1&2 Step forward on right, lock left behind right, step forward on right
3&4 Step forward on left, lock right behind left, step forward on left
5-6 Step forward on right, pivot ½ turn left
7-8 Kick right forward, step back on right and left

ROCK CROSSES X 3, SIDE SHUFFLE

1-2 Rock cross right over left, recover on left
3-4 Rock cross right over left, recover on left
5-6 Rock cross right over left, recover on left
7&8 Step right to right side, step left next to right, step right to right side

SWAY ¼ TURN LEFT X 4

1-2 Sway left to left side making ¼ turn left, recover onto right
3-4 Sway left to left side making ¼ turn left, recover onto right
5-6 Sway left to left side making ¼ turn left, recover onto right
7-8 Sway left to left side making ¼ turn left, recover onto right

CROSS ROCK, ¼ TURN MAMBO TWICE

1-2 Cross rock left over right, recover onto right
3&4 Step left to left side, step right next to left, step left to left side making ¼ turn left
5&6 Rock right to right side, recover on left, recover on right
7&8 Rock left to left side, recover on right, recover on left

REPEAT
