Somebody's Watchin'



拍数: 0 编数: 2 级数: Intermediate/Advanced hip hop

编舞者: Benjamin Smart (AUS)

音乐: Somebody's Watching Me (feat. Michael Jackson) - Rockwell



Sequence: AAB, AAB, AAAB, AAB

PART A

2 WALKS, HEAD TURNS, DRAG BALL CROSS

1-2 Walk forward right, left

&3 Step right to right side, step left to left side

&4 Turn head ¼ to left (9:00), turn head ¼ to right (12:00)

5-6-7 Drag right to left for 3 counts

&8 Step right next to left, cross left over right

1/2 TURN, POINT, HITCH AND TOUCH WITH HANDS

	,
1-2	Turn ¼ left stepping back on right, turn ¼ left stepping left to left side
3	Put both arms straight out in front of body, facing (6:00)
4	Fold both arms in from elbows, across chest with left arm under right arm
5	Keeping left arm in same position, twist right arm from elbow straight up in air
6	Swing right arm in a ½ circle left pointing to your right knee
7	Point right hand to your left knee
8	Bring left knee up into a hitch, while putting your right hand to the right cheek of face

HEAD TURNS, COASTER, FULL TURN, DOUBLE BOUNCE

1-2	With right hand on cheek, turn head ¼ turn left (3:00), turn head ¼ right (6:00)
3&4	Step left back, step right next to left, step left forward
5-6	Turn ½ left stepping back on right, turn ½ left stepping forward on left
7	Turn ¼ left stepping right to right side feet shoulder width apart
&8	Bend both knees, straighten both knees

CLOSE SIDE, BODY ROLL DOWN, 1/4 TURN BODY ROLL UP, KICK BALL CHANGE

&1-2	Step left next to right, step right to right side, hold
3-4	Body roll down into bent knee position
5-6	With knees bent turn 1/4 left stepping right next to left, body roll up
7&8	Kick right forward, step right next to left, step left forward

PART B

SAILOR WITH SAILOR ½ TURN, SAILOR WITH HOLD

1	Step right to right side
2&3	Step left behind right, step right to right side, step left to left side
4&	Step right behind left, step 1/4 turn left while stepping forward on left
5	Turn 1/4 turn left stepping right to right side
6&7	Step left behind right, step right to right side, step left to left side keep weight on left
8	½ turn left touching right next to left

SIDE LUNGE WITH BELLYDANCER HEAD MOVEMENTS. BALL CROSS WITH FINGER CLICKS

1-4	Lunge right to right side, drag left foot to right while moving head side to side x 3 times as in a
	belly dancer movement
&5-6	Step left next to right, cross right over left, click left fingers
& 7-8	Step left to left side, cross right over left turning a ½ turn left, weight on left hold

SAILOR WITH SAILOR ½ TURN, SAILOR WITH HOLD

1-8 Repeat the complete 1-8 count in Part B

SIDE LUNGE WITH BELLYDANCER HEAD MOVEMENTS, BALL CROSS WITH FINGER CLICKS

1-4 Lunge right to right side, drag left foot to right while moving head side to side x 3 times as in a

bellydancer movement

&5-6 Step left next to right, cross right over left, click left fingers

7-8 Step left to left side, touch right next to left