

Somebody Stop Me

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Heather Frye (CAN)
音乐: Somebody Stop Me - Erica Rivera



WALK RIGHT, LEFT, STEP OUT RIGHT, LEFT, TOUCH RIGHT BEHIND LEFT, TOUCH LEFT BEHIND RIGHT, TOUCH SIDE LEFT, TOUCH LEFT BEHIND RIGHT

- 1-2 Step forward on right with knee slightly bent, step forward on left
&3-4 Step right out slightly side right, step left out slightly side left, cross touch right behind left
5-6 Step side right, cross touch left behind right
7-8 Touch side left, cross touch left behind right

SLIDE BACK ONTO LEFT, DRAG RIGHT BESIDE LEFT, PIVOT ¼ RIGHT WHILE TAPPING RIGHT TOES, SLIDE BACK ONTO LEFT, CROSS RIGHT OVER LEFT AND UNWIND ¾ TURN LEFT

- 1-2 Slide back onto left toward back left corner, drag right beside left
3&4 Pivot ¼ turn right on left and tap right toes to right corner, tap right toward right corner, press weight onto ball of right foot
5-6 Push off ball of right foot, slide back onto left toward back left corner
7-8 Cross right over left, unwind ¾ turn left taking weight on left

RIGHT ANGLED KICK, STEP, TOUCH, PIVOT 1/4 TURN LEFT, ROCK STEP LEFT BEHIND RIGHT, STEP SIDE LEFT, STEP RIGHT BESIDE, STEP SIDE LEFT, TOUCH RIGHT BESIDE LEFT

- 1&2 Kick right to right corner, step forward onto right, touch left beside right
3-4& Pivot ¼ turn left on ball of right foot (now facing left corner), cross rock left behind right, recover weight onto right foot
5-6 Push off ball of right foot and step side left, step ball of right foot beside left
This is for style as your knee will be bent and it will force you to push off the ball of your right foot
7-8 Step side left, drag right toward left foot

RIGHT SYNCOPATED JAZZ BOX, LEFT BEHIND SIDE FORWARD, TURN ½ LEFT, TURN ¼ LEFT BOUNCING ON HEELS

- 1&2 Cross step right across left, step back onto left, step side right
3&4 Cross step left behind right, step side right, step forward onto left
5-6 Step forward onto right, turn ½ left taking weight onto left
7&8 Step forward onto right, bounce heels turning 1/8 left, bounce heels turning 1/8 left taking weight on left

REPEAT

RESTART

During the 2nd and 6th time through the dance, you will only do counts 1-16 and then start the dance again (right after the ¾ turn). Both times you will hear her sing "I'll be home before..."

TAG

At the end of the 10th time through the dance - facing 12:00

- 1&2& Hitch right knee turning ¼ turn left, touch toes side right, hitch right knee turning ¼ turn left, touch toes side right
3&4& Hitch right knee turning ¼ turn left, touch toes side right, hitch right knee turning ¼ turn left, touch toes side right
5&6 Cross right over left, step back onto left, step side right
7-8 Step forward onto left, touch right beside left turning head to left and dropping left shoulder