

Somebody Help Me!

COPPER KNOB
STEPSHETS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Terry Hogan (AUS)
音乐: Jump In The Line - Cherry Poppin' Daddies



Sequence: AB, AB, ABB, A, A(1-16 only), B, A

PART A

SIDE RIGHT, CLOSE LEFT, SIDE RIGHT, CLOSE LEFT, RIGHT KICK, BALL, CROSS, JUMP SIDE RIGHT, TOUCH LEFT, HIP, HIP

1-4 Step/slide side right, slide left beside right, repeat previous 2 counts
5&6 Kick right forward, step slightly back on ball of right foot, step left over right
&7 Jump on right to the side, touch left toe beside right pushing hips right
&8 Push hips left, right while keeping weight on right foot

SIDE LEFT, CLOSE RIGHT, SIDE LEFT, CLOSE RIGHT, LEFT KICK, BALL, CROSS, JUMP SIDE LEFT, TOUCH RIGHT, HIP, HIP

1-4 Step/slide side left, slide right beside left, repeat previous 2 counts
5&6 Kick left forward, step slightly back on ball of left foot, step right over left
&7 Jump on left to the side, touch right toe beside left pushing hips left
&8 Push hips right, left while keeping weight on left foot

ROCK FORWARD RIGHT, REPLACE, ROCK BACK RIGHT, REPLACE, CHA-CHA ½ LEFT, ROCK BACK LEFT, REPLACE

1-2 Rock-step forward right, rock-replace weight onto left
3-4 Rock-step back right, rock-replace weight forward onto left
5&6 Cha-cha forward right, left, right making ½ turn left
7-8 Rock-step back left, rock-replace weight forward onto right

ROCK FORWARD LEFT, REPLACE, ROCK BACK LEFT, REPLACE, CHA-CHA ½ RIGHT, ROCK BACK RIGHT, REPLACE

1-2 Rock-step forward left, rock-replace weight onto right
3-4 Rock-step back left, rock-replace weight forward onto right
5&-6 Cha-cha forward left, right, left making ½ turn right
7-8 Rock-step back right, rock-replace weight forward onto left

FORWARD CROSS SAMBA RIGHT, FORWARD CROSS SAMBA LEFT, ROLLING FULL TURN RIGHT, CHA-CHA SIDE RIGHT

1&2 Step right forward across left, rock-step left to the side, replace weight onto right
3&4 Step left forward across right, rock-step right to the side, replace weight onto left
5-6 Make a full turn right moving to the right side stepping right, left
7&8 Cha-cha to the right side right, left, right

FORWARD CROSS SAMBA LEFT, FORWARD CROSS SAMBA RIGHT, ROLLING FULL TURN LEFT, CHA-CHA SIDE LEFT

1&2 Step left forward across right, rock-step right to the side, replace weight onto left
3&4 Step left forward across left, rock-step left to the side, replace weight onto right
5-6 Make a full turn left moving to the left side stepping left, right
7&8 Cha-cha to the left side left, right, left

PART B

ROCK FORWARD RIGHT, REPLACE, DIAGONAL. BACK, CROSS, BACK, ROCK BACK LEFT, REPLACE,

FORWARD LEFT, ½ RIGHT

- 1-2 Rock-step forward right, rock-replace weight back onto left
3&4 Step right backward toward right diagonal, step left across right, step right backward toward right diagonal
5-6 Rock-step left backward, rock-replace weight forward onto right
7-8 Step left forward, make ½ pivot turn right onto right

SLIDE FORWARD LEFT, CLOSE RIGHT, SLIDE FORWARD LEFT, CLOSE RIGHT, LEFT SAMBA FORWARD, RIGHT SAMBA BACK

- 1-4 Slide/step forward left, slide right beside left, repeat previous 2 counts
5&6 Jump-step forward left, step right beside left, step left in place (all on balls of feet)
7&8 Jump-step backward right, step left beside right, step right in place (on balls of feet)

FORWARD LEFT, ½ RIGHT, FORWARD LEFT, ½ RIGHT, OUT LEFT, OUT RIGHT, CENTER LEFT, CLOSE RIGHT, OUT, LEFT, OUT RIGHT, CENTER LEFT CLOSE RIGHT

- 1-4 Step forward left, make ½ pivot turn right onto right, repeat previous 2 counts
&5 Small step side left, small step side right (feet are apart)
&6 Small step left to center, step right beside left
&7&8 Repeat previous 4 moves (all should be on balls of feet)

ROCK FORWARD LEFT, REPLACE ½ LEFT, CHA-CHA FORWARD LEFT-RIGHT-LEFT, FORWARD RIGHT, ½ LEFT, FORWARD RIGHT, TAP LEFT, BACK LEFT, TAP RIGHT

- 1-2 Rock-step forward left, replace weight back onto right making ½ turn left
3&4 Cha-cha forward left, right, left
5-6 Step right forward, make ½ pivot turn left onto left
&7 Step right forward, tap left toes beside right foot
&8 Step left backward, tap right toes beside left foot
-