Some Lovin (P)



编舞者: Ann Williams (UK)

音乐: If You'd Like Some Lovin' - David Ball

Position: Start in Right Side by Side Position (Sweetheart)

TURN, HOLD, SWAY, CHASSE', CROSS ROCK, CHASSE', STEP, PIVOT, SHUFFLE

1-4 Step left forward making ¼ turn right, hold for one beat, weight on left

Hands held over lady's shoulders, sway hips to the right and to the left

5&6 Chasse right, step right to the side, step left beside right, step right to the side

7-8 Step and cross rock left over right, rock back onto right 9&10 Chasse' left making ¼ turn left on last step to face LOD

11-14 Step right forward, pivot ½ turn left to face RLOD, right shuffle forward

Release right hands, raise left, man turns under raised hands, rejoin right hands behind man's back

TURN, HOLD, SWAY, CHASSE, CROSS ROCK, CHASSE, STEP, PIVOT, SHUFFLE

15-18 Step left forward making ¼ turn right, hold for one beat, weight on left Hands held behind man's back at waist level, sway hips to the right and to the left

19&20 Chasse' right, step right to the side, step left beside right, step right to the side

21-22 Step and cross rock left over right, rock back onto right Chasse left making ¼ turn left on last step to face RLOD

25-28 Step right forward, pivot ½ turn left to face LOD, right shuffle forward

Release right hands, raise left and pass over lady's head as she turns. Rejoin right hands in Right Side By Side Position

TURN, BEHIND, STEP, CURTSY, TURN, KICK, COASTER STEP

29-30 Step left forward making ¼ turn to face OLOD, step and cross right behind left

Hands held over lady's shoulders in Indian Position

31-32 Step left to the side, touch right toe behind left and bend left knee in a curtsy

Extend arms to side, lower right, raise left hands

33-34 Step back onto right making 1/4 turn left to face LOD, kick left forward

Now back in right side by side position

35&36 Step left back, step right beside left, step left forward, coaster step

TURN, BEHIND, STEP, CURTSY, TURN, KICK, COASTER STEP

37-38 Step right forward making ¼ turn left to face ILOD, step and cross left behind right

Release left hands, raise right and pass over lady's head, rejoin left hands in Reverse Indian Position

39-40 Step right to the side, touch left toe behind right and bend right knee in a curtsy

Extend arms to side, lower left and raise right hands

41-42 Step back onto left making ¼ turn right to face LOD, kick right forward

Release left hands, raise right and pass over lady's head. Rejoin left hands in Right Side By Side Position

43&44 Step right back, step left beside right, step right forward, coaster step

WINDMILL TURN SHUFFLES

45&46 Left shuffle forward, turning body slightly right and extending arms, prep, for turn

47&48 Right shuffle making ½ turn left to face RLOD

Release left hands, pass right arms over lady's head and lower behind man's back. Rejoin left hands in front

49&50 Left shuffle making ½ turn left to face LOD

Release right hands, raise left hands and pass over lady's head as you turn

51&52 Right shuffle forward

Rejoin right hands back into Right Side By Side Position