Some Beach Cha Cha



编舞者: Gerald Biggs (USA)

音乐: Some Beach - Blake Shelton



SHUFFLE STEP, KICK, HIP ROLL

1&2	Shuffle step forward, right, left, right
3&4	Shuffle step forward, left, right, left

5&6 Kick forward, right, left, right (kick slightly across opposite foot)

7&8 Roll hips (starting to your right, down and up, making the letter "o" keep weight on left)

SHUFFLE STEP BACK, UNWIND 1/2 TURN, HIP ROLL

1&2	Shuffle step backwards, right, left, right
3&4	Shuffle step backwards, left, right, left

5-6 Step right, toe behind left, heel, unwind ½ turn right

7&8 Roll hips (starting to your right, down and up, making the letter "o" keep weight on left)

RIGHT, FORWARD MAMBO, LEFT, FORWARD MAMBO (TRAVEL SLIGHTLY FORWARD)

1-2	Rock to side on right, step forward left
3&4	Triple step in place, right, left, right
5-6	Rock to side on left, step forward right
7&8	Triple step in place, left, right, left

SHUFFLE STEP, MONTEREY TURN

1&2	Shuffle step forward,	right, left, ı	right
3&4	Shuffle step forward,	left, right, l	eft

5-6 Touch right, toe to side, pivot ½ turn right while stepping right next to left

7-8 Touch left, toe to side, step left next to right

CROSS SHUFFLE, SIDE TOGETHER

1&2	Rock forward right over left, rock back left, rock forward right
3-4	Step left to side, step right next to left

5&6 Rock forward left over right, rock back right, rock forward left

7-8 Step right to side, step left next to right

UNWIND 3/4 TURN, HIP ROLL, ROCK RECOVER, COASTER STEP

1-2 Step right, toe behind	left, heel, unwind ¼ turn right
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Roll hips (starting to your right, down and up, making the letter "o" shift weight to right)

5-6 Rock forward on left, rock back on right

7&8 Step back left, step right next to left, step forward left

REPEAT