Soledad

COPPER KNOB

拍数: 0

编舞者: Helen D'Aguiar (UK)

音乐: Soledad - Westlife

级数: Intermediate



Sequence: A, B, Tag, A, B, Tag, A to step 26 only, B, B, B, B to end of music

墙数: 2

PART A

SYNCOPATED GRAPEVINE RIGHT AND LEFT WITH DRAG, CROSS ROCK SIDE STEP TWICE

- 1&2 Step right to side, cross left behind, step right to side (dragging left next to right but taking no weight)
- 3&4 Repeat 1-2 leading left
- 5&6 Cross right over left, recover on left, step right to side (dragging left next to right but taking no weight)
- 7&8 Repeat 5-6 leading left

CROSS, SIDE, QUARTER TURN RIGHT BACK STEP, ROCK STEP, STEP, STEP PIVOT HALF LEFT, STEP FORWARD, STEP PIVOT HALF RIGHT, STEP FORWARD

- 9&10 Cross right over left, step left to side, turn a quarter right stepping back on right
- 11&12 Rock back on left, recover on right, step forward on left
- 13&14 Step forward on right, pivot half turn left, step forward on right
- 15&16 Step forward on left, pivot half turn right, step forward on left

WALK FORWARD RIGHT, LEFT, SYNCOPATED ROCK STEP, TURN QUARTER RIGHT, WEAVE, STEP AND SWAY

- 17-18 Walk forward right, left
- 19&20 Rock forward on right, recover on left, turn quarter right and step right to side
- 21&22 Cross left over right, step right to side, cross left behind right
- 23&24 Step right to side and sway hips right, left, right

SYNCOPATED CROSS ROCK QUARTER TURN LEFT, STEP PIVOT HALF TURN LEFT, LOCKING SHUFFLE, SYNCOPATED ROCK QUARTER TURN RIGHT AND SWAY

- 25&26 Cross rock left over right, recover on right, turn quarter left stepping onto left
- 27&28 Step forward on right, pivot half turn left, step forward on right
- 29&30 Step left forward, lock right behind left, step forward on left
- 31&32 Rock forward on right, recover on left, turn quarter right and step right to side
- 33&34 Sway hips left, right, left

PART B

RIGHT KICK BALL CROSS, ROCK AND CROSS, LEFT KICK BALL CROSS, ROCK AND CROSS, SYNCOPATED ROCK STEP TURN, LOCKING SHUFFLE FORWARD

- 1&2 Right kick forward, step onto ball of right, cross left over right
- 3&4 Rock out onto right, recover onto left, cross right over left
- 5-8 Repeat 1-4 leading left
- 9&10 Rock forward on right, recover on left, turn quarter right stepping forward on right
- 11&12 Step forward on left, lock right behind left, step forward on left

RIGHT KICK BALL CROSS, ROCK AND CROSS, LEFT KICK BALL CROSS, ROCK AND CROSS, SYNCOPATED ROCK STEP TURN, LOCKING SHUFFLE FORWARD

- 13&14 Right kick forward, step onto ball of right, cross left over right
- 15&16 Rock out onto right, recover onto left, cross right over left
- 17-20 Repeat 13-16 leading left

- 21&22 Rock forward on right, recover on left, turn quarter right stepping forward on right
- 23&24 Step forward on left, lock right behind left, step forward on left

TAG

This is only danced at the end of walls 1 and 2

STEP PIVOT HALF TURN LEFT, STEP FORWARD, STEP PIVOT HALF TURN RIGHT, STEP FORWARD

- 1&2 Step forward on right, pivot half turn left, step forward on right
- 3&4 Step forward on left, pivot half turn right, step forward on left