

Soledad

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Helen D'Aguiar (UK)
音乐: Soledad - Westlife



Sequence: A, B, Tag, A, B, Tag, A to step 26 only, B, B, B, B to end of music

PART A

SYNCOPATED GRAPEVINE RIGHT AND LEFT WITH DRAG, CROSS ROCK SIDE STEP TWICE

- 1&2 Step right to side, cross left behind, step right to side (dragging left next to right but taking no weight)
3&4 Repeat 1-2 leading left
5&6 Cross right over left, recover on left, step right to side (dragging left next to right but taking no weight)
7&8 Repeat 5-6 leading left

CROSS, SIDE, QUARTER TURN RIGHT BACK STEP, ROCK STEP, STEP, STEP PIVOT HALF LEFT, STEP FORWARD, STEP PIVOT HALF RIGHT, STEP FORWARD

- 9&10 Cross right over left, step left to side, turn a quarter right stepping back on right
11&12 Rock back on left, recover on right, step forward on left
13&14 Step forward on right, pivot half turn left, step forward on right
15&16 Step forward on left, pivot half turn right, step forward on left

WALK FORWARD RIGHT, LEFT, SYNCOPATED ROCK STEP, TURN QUARTER RIGHT, WEAWE, STEP AND SWAY

- 17-18 Walk forward right, left
19&20 Rock forward on right, recover on left, turn quarter right and step right to side
21&22 Cross left over right, step right to side, cross left behind right
23&24 Step right to side and sway hips right, left, right

SYNCOPATED CROSS ROCK QUARTER TURN LEFT, STEP PIVOT HALF TURN LEFT, LOCKING SHUFFLE, SYNCOPATED ROCK QUARTER TURN RIGHT AND SWAY

- 25&26 Cross rock left over right, recover on right, turn quarter left stepping onto left
27&28 Step forward on right, pivot half turn left, step forward on right
29&30 Step left forward, lock right behind left, step forward on left
31&32 Rock forward on right, recover on left, turn quarter right and step right to side
33&34 Sway hips left, right, left

PART B

RIGHT KICK BALL CROSS, ROCK AND CROSS, LEFT KICK BALL CROSS, ROCK AND CROSS, SYNCOPATED ROCK STEP TURN, LOCKING SHUFFLE FORWARD

- 1&2 Right kick forward, step onto ball of right, cross left over right
3&4 Rock out onto right, recover onto left, cross right over left
5-8 Repeat 1-4 leading left
9&10 Rock forward on right, recover on left, turn quarter right stepping forward on right
11&12 Step forward on left, lock right behind left, step forward on left

RIGHT KICK BALL CROSS, ROCK AND CROSS, LEFT KICK BALL CROSS, ROCK AND CROSS, SYNCOPATED ROCK STEP TURN, LOCKING SHUFFLE FORWARD

- 13&14 Right kick forward, step onto ball of right, cross left over right
15&16 Rock out onto right, recover onto left, cross right over left
17-20 Repeat 13-16 leading left

21&22 Rock forward on right, recover on left, turn quarter right stepping forward on right
23&24 Step forward on left, lock right behind left, step forward on left

TAG

This is only danced at the end of walls 1 and 2

STEP PIVOT HALF TURN LEFT, STEP FORWARD, STEP PIVOT HALF TURN RIGHT, STEP FORWARD

1&2 Step forward on right, pivot half turn left, step forward on right

3&4 Step forward on left, pivot half turn right, step forward on left
