Soft & Slow 4-2 (P)



编舞者: Ray Garvin (USA) & Gail Garvin (USA)

音乐: Your Man - Josh Turner

Position: Sweetheart, facing LOD, footwork is the same for man and lady

RIGHT KICK-BALL-CROSS, SIDE ROCK, RECOVER, CROSS SHUFFLE, ½ TURN RIGHT

1&2 Kick right foot forward, step right foot in place, cross left over right

3-4 Rock right foot to right side, recover onto left

5&6 Cross step right over left, step left to left, cross step right over left

Hold both hands on ½ turn

7-8 Step left foot to left side, make ½ turn right to face RLOD, step forward right

You are now in Reverse Sweetheart Position

LEFT SHUFFLE FORWARD, STEP PIVOT ½ TURN LEFT, ¼ TURN LEFT, ¼ RIGHT, RIGHT SHUFFLE

1&2 Step left forward, step right beside left, step left forward

Hold both hands on the next ½ pivot - drop left hands on the following two ¼ pivots

3-4 Step forward on right, pivot ½ turn left, shift weight to left (you are now facing LOD)

Man takes right hand over lady's head on 1/4 turn left

5-6 Step forward on right making ¼ left, step left behind right (you are now facing ILOD)

Man takes right hand back over lady's head on 1/4 turn right & picks up left hands

7&8 While turning ¼ turn right, shuffle right, left, right (you are now facing LOD)

TOUCH STEP, TOUCH STEP, ROCK STEP, COASTER STEP

1-2 Touch left toe to left, step forward left3-4 Touch right toe to right, step forward right

5-6 Rock forward left, rock back right

7&8 Step back left, step right next to left, step forward left

WALK WALK SHUFFLE, WALK WALK SHUFFLE (WITH OR WITHOUT TURNS)

1-2 Walk forward right, left option: full turn left while stepping forward right, left

3&4 Shuffle forward right, left, right

5-6 Walk forward left, right option: full turn right while stepping forward left, right

7&8 Shuffle forward left, right, left

REPEAT